

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Girls 100 Meter Dash Under 13**

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1 Walters, Mali		South Australia		12.78Q	1
2 Ifejika, Ruth		New South Wales		13.16Q	2 13.157
3 Bryant, Tayla		New South Wales		12.80q	1
4 Smith, Lily		Western Australia		13.16q	1 13.154
5 Driscoll, Millie		Western Australia		13.17q	2
6 Trengove, Lucille		South Australia		13.26q	2
7 Terblanche, Tené		Tasmania		13.29q	1
8 Clayton, Taya		Queensland		13.45q	1
9 Hood, Jemima		Victoria		13.50	2
10 Marcelo, Lulu		ACT		13.51	2
11 Gerges, Deena		Victoria		13.59	1
12 Nowland, Paige		Tasmania		13.68	2
13 Dunlop, Olivia		Queensland		14.17	2
14 Henderson, May		ACT		14.36	1

Girls 100 Meter Dash Under 13

Name	Age	Team	Prelims	Finals	Points
Finals					
1 Bryant, Tayla		New South Wales	12.80	12.65	15
2 Walters, Mali		South Australia	12.78	12.67	13
3 Ifejika, Ruth		New South Wales	13.16	13.03	12
4 Driscoll, Millie		Western Australia	13.17	13.04	11
5 Smith, Lily		Western Australia	13.16	13.07	10
6 Terblanche, Tené		Tasmania	13.29	13.21	9
7 Trengove, Lucille		South Australia	13.26	13.28	8
8 Clayton, Taya		Queensland	13.45	13.35	7
Preliminaries					
9 Hood, Jemima		Victoria	13.50		6
10 Marcelo, Lulu		ACT	13.51		5
11 Gerges, Deena		Victoria	13.59		4
12 Nowland, Paige		Tasmania	13.68		3
13 Dunlop, Olivia		Queensland	14.17		2
14 Henderson, May		ACT	14.36		1

Girls 200 Meter Dash Under 13

Name	Age	Team	Seed	Prelims	H#
1 Bryant, Tayla		New South Wales		26.00Q	1
2 Walters, Mali		South Australia		26.51Q	2
3 Ifejika, Ruth		New South Wales		26.61q	2
4 Geappen, Jemima		Tasmania		26.68q	2
5 Driscoll, Millie		Western Australia		26.75q	1
6 Trengove, Lucille		South Australia		26.99q	1
7 Terblanche, Tené		Tasmania		27.00q	1
8 McBain, Matilda		Victoria		27.13q	2
9 Asante-Nimako, Anna Afri		Western Australia		27.55	2
10 Marcelo, Lulu		ACT		27.68	2
11 Brown, Lexie		Victoria		28.25	1
12 Rolison, Elyse		Queensland		28.55	2

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Girls 200 Meter Dash Under 13**

13 Renn, Penny	ACT	29.10	1
14 Dunlop, Olivia	Queensland	29.21	1

Girls 200 Meter Dash Under 13

Name	Age Team	Prelims	Finals	Points
Finals				
1 Bryant, Tayla	New South Wales	26.00	25.88	15
2 Ifejika, Ruth	New South Wales	26.61	26.27	13
3 Driscoll, Millie	Western Australia	26.75	26.54	12
4 Walters, Mali	South Australia	26.51	26.55	11
5 Geappen, Jemima	Tasmania	26.68	26.94	10
6 Trengove, Lucille	South Australia	26.99	27.10	9
7 Terblanche, Tené	Tasmania	27.00	27.35	8
8 McBain, Matilda	Victoria	27.13	27.44	7
Preliminaries				
9 Asante-Nimako, Anna Afri	Western Australia	27.55		6
10 Marcelo, Lulu	ACT	27.68		5
11 Brown, Lexie	Victoria	28.25		4
12 Rolison, Elyse	Queensland	28.55		3
13 Renn, Penny	ACT	29.10		2
14 Dunlop, Olivia	Queensland	29.21		1

Girls 400 Meter Run Under 13

Name	Age Team	Seed	Finals	H#	Points
Finals					
1 Pittis, Adelaide	New South Wales	57.99	58.75	2	15
2 Rose, Brigitte	Queensland	60.63	59.81	2	13
3 Langley, Matilda	Queensland	61.86	60.71	2	12
4 Novak, Siena	New South Wales	60.09	60.72	2	11
5 Hood, Jemima	Victoria	60.54	60.74	2	10
6 Asante-Nimako, Anna Afri	Western Australia	61.95	62.39	2	9
7 Piesse, Isabella	South Australia	62.15	62.71	2	8
8 Robinson, Maggie	South Australia	64.15	62.86	1	7
9 Duff, Jasmine	Western Australia	63.49	63.57	1	6
10 Bain, Riley	Tasmania	65.97	65.19	1	5
11 Renn, Penny	ACT	67.37	66.07	1	4
12 Leauma, Palepa	Tasmania	65.35	66.49	1	3
13 Blight, Tahlia	Victoria	60.89	67.76	2	2
14 Christian, Lily	ACT		71.01	1	1

Girls 800 Meter Run Under 13

Name	Age Team	Seed	Finals	Points
1 Novak, Siena	New South Wales	2:15.64	2:15.03	15
2 Galang, Olivia	ACT	2:28.78	2:16.25	13
3 Linnett, Chloe	Victoria	2:21.31	2:16.32	12
4 Hazell, Ruby	Queensland	2:18.68	2:17.72	11
5 Rose, Brigitte	Queensland	2:19.89	2:19.25	10
6 Heggie, Ashleigh	South Australia	2:22.78	2:20.51	9
7 Pittis, Adelaide	New South Wales	2:25.32	2:21.70	8

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Girls 800 Meter Run Under 13**

8	Tay, Lauren	Victoria	2:21.69	2:22.32	7
9	Piesse, Isabella	South Australia	2:23.33	2:26.09	6
10	Duff, Jasmine	Western Australia	2:25.19	2:27.65	5
11	Gleeson, Ginger	Western Australia	2:28.16	2:28.05	4
12	Bain, Riley	Tasmania	2:28.45	2:31.73	3
13	Traeacey, Taylor	ACT	2:32.65	2:33.69	2
14	Crispin, Libby	Tasmania	2:37.44	2:39.28	1

Girls 1500 Meter Run Under 13

Name	Age	Team	Seed	Finals	Points
1	Hazell, Ruby	Queensland		4:50.15	15
2	Galang, Olivia	ACT		4:52.93	13
3	Rose, Brigitte	Queensland		4:52.97	12
4	Tay, Lauren	Victoria		4:53.18	11
5	Polkinghorne, Sophie	New South Wales		4:59.30	10
6	Rhodes, Isobel	Victoria		5:02.35	9
7	Gleeson, Ginger	Western Australia		5:03.57	8
8	Heggie, Ashleigh	South Australia		5:03.63	7
9	Traeacey, Taylor	ACT		5:15.17	6
10	Matthews, Belinda	New South Wales		5:16.27	5
11	Robinson, Maggie	South Australia		5:17.95	4
12	Rodan, Amber	Western Australia		5:18.67	3
13	Crispin, Libby	Tasmania		5:18.95	2
14	Bain, Riley	Tasmania		5:24.79	1

Girls 80 Meter Hurdles (76cm) Under 13

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1	Hood, Jemima	Victoria		13.00Q	1
2	McBain, Matilda	Victoria		13.10Q	2
3	Probets, Caitlin	New South Wales		13.09q	1
4	Clayton, Taya	Queensland		13.13q	1
5	Terblanche, Tené	Tasmania		13.16q	1
6	Brayshaw, Molly	Western Australia		13.26q	2
7	Adkins, Sianna	Tasmania		13.30q	2
8	Briggs, Gracie-Lee	Western Australia		13.42q	1
9	Maris, Isla	New South Wales		13.44	2
10	Ehrlich, Mia	South Australia		13.72	1 13.719
11	Walters, Mali	South Australia		13.72	2 13.720
12	Henderson, May	ACT		14.97	1
13	Ohunayo, Lola	Queensland		15.17	2
14	Helgstedt, Lilja	ACT		15.66	2

Girls 80 Meter Hurdles (76cm) Under 13

Name	Age	Team	Prelims	Finals	Points
Finals					
1	Probets, Caitlin	New South Wales	13.09	12.60	15
2	McBain, Matilda	Victoria	13.10	12.65	13
3	Hood, Jemima	Victoria	13.00	12.66	12

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Girls 80 Meter Hurdles (76cm) Under 13**

4	Brayshaw, Molly	Western Australia	13.26	12.84	11
5	Adkins, Sianna	Tasmania	13.30	12.94	10
6	Terblanche, Tené	Tasmania	13.16	13.06	9
7	Clayton, Taya	Queensland	13.13	13.26	8
8	Briggs, Gracie-Lee	Western Australia	13.42	13.28	7

Preliminaries

9	Maris, Isla	New South Wales	13.44		6
10	Ehrlich, Mia	South Australia	13.72		5
11	Walters, Mali	South Australia	13.72		4
12	Henderson, May	ACT	14.97		3
13	Ohunayo, Lola	Queensland	15.17		2
14	Helgstedt, Lilja	ACT	15.66		1

Girls 200 Meter Hurdles (68cm) Under 13

Name	Age	Team	Seed	Prelims	H#
1	Hood, Jemima	Victoria		28.77Q	2
2	Brayshaw, Molly	Western Australia		29.16Q	1
3	Probets, Caitlin	New South Wales		29.06q	2
4	Walters, Mali	South Australia		29.21q	1
5	McBain, Matilda	Victoria		29.29q	1
6	Terblanche, Tené	Tasmania		29.50q	1
7	Nowland, Paige	Tasmania		30.41q	2
8	Strahl, Jade	New South Wales		30.61q	1
9	Ohunayo, Lola	Queensland		30.76	2
10	Leembruggen, Leah	Queensland		31.04	1
11	Ehrlich, Mia	South Australia		31.79	2
12	Helgstedt, Lilja	ACT		34.54	1
13	Johnson, Holly	ACT		35.04	2
14	Briggs, Gracie-Lee	Western Australia		35.10	2

Girls 200 Meter Hurdles (68cm) Under 13

Name	Age	Team	Prelims	Finals	Points
Finals					
1	Hood, Jemima	Victoria	28.77	28.69	15
2	McBain, Matilda	Victoria	29.29	28.91	13
3	Probets, Caitlin	New South Wales	29.06	28.99	12
4	Brayshaw, Molly	Western Australia	29.16	29.03	11
5	Walters, Mali	South Australia	29.21	29.30	10
6	Terblanche, Tené	Tasmania	29.50	29.56	9
7	Nowland, Paige	Tasmania	30.41	30.84	8
8	Strahl, Jade	New South Wales	30.61	30.90	7
Preliminaries					
9	Ohunayo, Lola	Queensland	30.76		6
10	Leembruggen, Leah	Queensland	31.04		5
11	Ehrlich, Mia	South Australia	31.79		4
12	Helgstedt, Lilja	ACT	34.54		3
13	Johnson, Holly	ACT	35.04		2
14	Briggs, Gracie-Lee	Western Australia	35.10		1

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Girls 4x100 Meter Relay Under 13**

Team	Seed	Finals	Points
Finals			
1 New South Wales 'A'		50.10	15
1) Bond, Amalia 12	2) Bryant, Tayla 12		
3) Little, Allegra 12	4) Ifejika, Ruth 12		
2 Tasmania 'A'		51.25	13
1) Adkins, Sianna 12	2) Geappen, Jemima 12		
3) Leauma, Palepa 12	4) Terblanche, Tené 12		
3 Western Australia 'A'		51.59	12
1) Driscoll, Millie 12	2) Smith, Lily 12		
3) Natta, Chelsea 12	4) Asante-Nimako, Anna Afriyie 12		
4 Victoria 'A'		52.28	11
1) Brown, Lexie 12	2) Hood, Jemima 12		
3) McBain, Matilda 12	4) Gerges, Deena 12		
5 Queensland 'A'		52.68	10
1) Cox, Charli 12	2) Rolison, Elyse 12		
3) Dunlop, Olivia 12	4) Clayton, Taya 12		
6 Australian Capital Territory 'A'		54.52	9
1) Henderson, May 12	2) Marcelo, Lulu 12		
3) Pitt, Ava 12	4) Renn, Penny 12		
7 South Australia 'A'		55.24	8
1) Carney, Ruby 12	2) Robinson, Maggie 12		
3) Cherry, Isabelle 12	4) Heggie, Ashleigh 12		

Girls 1000 Sprint Medley Under 13

Team	Seed	Finals	Points
1 New South Wales 'A'		2:23.89	15
1) Maris, Isla 12	2) Novak, Siena 12		
3) Probets, Caitlin 12	4) Pittis, Adelaide 12		
2 Western Australia 'A'		2:27.14	13
1) Brayshaw, Molly 12	2) Driscoll, Millie 12		
3) Smith, Lily 12	4) Asante-Nimako, Anna Afriyie 12		
3 Victoria 'A'		2:27.61	12
1) Gerges, Deena 12	2) Blight, Tahlia 12		
3) McBain, Matilda 12	4) Linnett, Chloe 12		
4 South Australia 'A'		2:27.88	11
1) Ehrlich, Mia 12	2) Carney, Ruby 12		
3) Trengove, Lucille 12	4) Piesse, Isabella 12		
5 Tasmania 'A'		2:30.58	10
1) Terblanche, Tené 12	2) Geappen, Jemima 12		
3) Leauma, Palepa 12	4) Adkins, Sianna 12		
6 Queensland 'A'		2:32.52	9
1) Clayton, Taya 12	2) Langley, Matilda 12		
3) Rolison, Elyse 12	4) Rose, Brigitte 12		
7 Australian Capital Territory 'A'		2:33.40	8
1) Henderson, May 12	2) Renn, Penny 12		
3) Marcelo, Lulu 12	4) Galang, Olivia 12		

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Girls High Jump (1.20m) Under 13**

Name	Age	Team	Seed	Finals	Points
1 Scott-Rogers, Oliva		New South Wales		1.72m	15
2 Howarth, Rebecca		ACT		1.61m	13
3 Phillips, Tahnee		Queensland		1.57m	12
4 Strahl, Jade		New South Wales		1.55m	11
5 Heggie, Ashleigh		South Australia		J1.50m	10
5 Geappen, Jemima		Tasmania		J1.50m	10
7 Marange, Summer		Victoria		J1.50m	8
8 Gerges, Deena		Victoria		J1.50m	7
8 Taylor, Chloe		Queensland		J1.50m	7
10 Thomas, Cammi		Tasmania		1.45m	5
11 Carney, Ruby		South Australia		1.40m	4
12 Smith, Lily		Western Australia		J1.40m	3
13 O'Reilly, Shiloh		Western Australia		J1.40m	2
14 Helgstedt, Lilja		ACT		1.35m	1

Girls Long Jump Under 13

Name	Age	Team	Seed	Finals	Points
1 Little, Allegra		New South Wales		5.07m	15
2 Geappen, Jemima		Tasmania		J5.07m	13
3 Gerges, Deena		Victoria		5.04m	12
4 Ehrlich, Mia		South Australia		4.95m	11
5 Thomas, Cammi		Tasmania		4.88m	10
6 Bilinski, Sienna		Victoria		4.86m	9
7 Moss, Aliyah		Queensland		4.84m	8
8 Bond, Amalia		New South Wales		4.77m	7
9 Carney, Ruby		South Australia		4.73m	6
10 Marcelo, Lulu		ACT		4.69m	5
11 Natta, Chelsea		Western Australia		4.57m	4
12 Ohunayo, Lola		Queensland		4.39m	3
13 Pitt, Ava		ACT		3.80m	2
-- Driscoll, Millie		Western Australia		FOUL	

Girls Triple Jump Under 13

Name	Age	Team	Seed	Finals	Points
1 Geappen, Jemima		Tasmania		11.26m	15
2 Bond, Amalia		New South Wales		10.87m	13
3 Strahl, Jade		New South Wales		10.76m	12
4 Bilinski, Sienna		Victoria		10.67m	11
5 Thomas, Cammi		Tasmania		10.65m	10
6 Ohunayo, Lola		Queensland		10.26m	9
7 Moss, Aliyah		Queensland		10.21m	8
8 Ehrlich, Mia		South Australia		10.17m	7
9 Brown, Lexie		Victoria		10.08m	6
10 Natta, Chelsea		Western Australia		10.05m	5
11 Briggs, Gracie-Lee		Western Australia		10.02m	4
12 Carney, Ruby		South Australia		9.87m	3
13 Pitt, Ava		ACT		8.88m	2
14 Johnson, Holly		ACT		7.70m	1

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Girls Shot Put (3kg) Under 13**

Name	Age	Team	Seed	Finals	Points
1 Gerges, Deena		Victoria		12.77m	15
2 Windolf, Hayley		Queensland		11.84m	13
3 Hart, Alyssa		Western Australia		11.50m	12
4 Leauma, Palepa		Tasmania		11.14m	11
5 Cornish, Madison		New South Wales		11.02m	10
6 Howarth, Rebecca		ACT		11.01m	9
7 Moller, Makayla		Queensland		J11.01m	8
8 Broughton, Chilli		Western Australia		10.78m	7
9 Cherry, Isabelle		South Australia		10.69m	6
10 Adkins, Sianna		Tasmania		10.44m	5
11 Lahey, Bella		New South Wales		9.97m	4
12 Ladd, Ruby		Victoria		9.82m	3
13 Flynn, Matilda		South Australia		9.74m	2
14 Pinto, Niora		ACT		6.96m	1

Girls Discus Throw (750g) Under 13

Name	Age	Team	Seed	Finals	Points
1 Windolf, Hayley		Queensland		42.47m	15
2 Reader, Annisha		New South Wales		42.21m	13
3 Ladd, Ruby		Victoria		41.33m	12
4 Leauma, Palepa		Tasmania		40.23m	11
5 Moller, Makayla		Queensland		36.65m	10
6 Cherry, Isabelle		South Australia		36.60m	9
7 Saumalu, Olivia		Victoria		35.08m	8
8 Rajapaksha-Mudiyanse, Ni		New South Wales		32.20m	7
9 Broughton, Chilli		Western Australia		31.75m	6
10 Flynn, Matilda		South Australia		31.58m	5
11 Hart, Alyssa		Western Australia		30.52m	4
12 Adkins, Sianna		Tasmania		29.46m	3
13 Pinto, Niora		ACT		21.18m	2
14 Hassan, Daisy		ACT		20.45m	1

Girls Javelin Throw (400g) Under 13

Name	Age	Team	Seed	Finals	Points
1 Adkins, Sianna		Tasmania		42.76m	15
2 Natta, Chelsea		Western Australia		38.39m	13
3 Broughton, Chilli		Western Australia		34.31m	12
4 McKinley, Emily		Victoria		33.85m	11
5 Saumalu, Olivia		Victoria		33.84m	10
6 Leauma, Palepa		Tasmania		33.36m	9
7 Reader, Annisha		New South Wales		33.26m	8
8 Moller, Makayla		Queensland		32.03m	7
9 Cornish, Madison		New South Wales		31.97m	6
10 Taylor, Chloe		Queensland		31.10m	5
11 Loveday, Sienna		South Australia		25.46m	4
12 Christian, Lily		ACT		24.93m	3
13 Ehrlich, Mia		South Australia		23.82m	2
14 Hassan, Daisy		ACT		22.86m	1

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Girls 1500 Meter Race Walk Under 13**

Name	Age Team	Seed	Finals	Points
1 Polkinghorne, Sophie	New South Wales		6:21.41	15
2 Ryan, Jillian	ACT		6:50.17	13
3 Cosgrave, Ella	Queensland		7:17.34	12
4 Thiele, Alexis	South Australia		7:19.90	11
5 Mcdonald, Mikaela	Queensland		7:45.85	10
6 Devine, Macy	Tasmania		7:49.29	9
7 Parker, Eva	Tasmania		7:51.20	8
8 Read, Matilda	Victoria		7:52.83	7
9 Matthews, Hannah	Victoria		7:59.55	6
10 Doulis, Trinity	Western Australia		8:15.21	5
11 Pike, Aleeah	Western Australia		8:43.74	4
-- Christian, Lily	ACT		DQ	TR 54.7.1
-- Scott-Rogers, Oliva	New South Wales		DQ	TR 54.7.1

Girls 200 Meter Dash Under 15

Name	Age Team	Seed	Finals	H#	Points
1 Mearns, Amaya	Queensland		24.52	3	15
2 Blain, Charlotte	Queensland		26.15	1	13
3 Alchin, Isabell	South Australia		26.23	2	12
4 Van Den Broek, Bailey	Tasmania		26.40	3	11
5 Estlick, Mackenzie	Victoria		26.65	1	10
6 Mikan, Catherine	New South Wales		26.71	2	9
7 Smith, Lily	Tasmania		26.94	1	8
8 Manov, Ruby	Western Australia		26.99	3	7
9 Harmey, Georgia	Tasmania		x27.17	2	
10 Nicholas, Zara	New South Wales		27.42	1	6
11 Smith, Taylor	Western Australia		27.57	2	5
12 Carkeet, Summer	Queensland		x27.83	2	
13 Todd, Piper	New South Wales		x27.96	3	
14 Wassermann, Casey	South Australia		28.30	3	4
15 Norris, Madison	Western Australia		x28.87	1	
16 Chapman, Alyssa	Victoria		29.02	3	3
17 Stewart, Brooke	ACT		29.50	3	2
18 Kampf, Taihlar-Jo	Victoria		x31.19	2	

Girls 800 Meter Run Under 15

Name	Age Team	Seed	Finals	H#	Points
1 Mearns, Amaya	Queensland		2:26.56	2	15
2 Harmey, Georgia	Tasmania		2:30.33	2	13
3 Nicholas, Zara	New South Wales		2:31.68	2	12
4 Smith, Taylor	Western Australia		2:32.52	1	11
5 Estlick, Mackenzie	Victoria		2:33.26	2	10
6 Blain, Charlotte	Queensland		2:33.39	2	9
7 Manov, Ruby	Western Australia		2:33.67	1	8
8 Todd, Piper	New South Wales		2:35.80	2	7
9 Smith, Lily	Tasmania		2:38.22	2	6
10 Mikan, Catherine	New South Wales		x2:38.47	2	
11 Norris, Madison	Western Australia		x2:40.27	1	
12 Van Den Broek, Bailey	Tasmania		x2:42.44	2	

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Girls 800 Meter Run Under 15**

13	Alchin, Isabell	South Australia	2:45.77	1	5
14	Wassermann, Casey	South Australia	2:46.32	1	4
15	Carkeet, Summer	Queensland	x2:48.46	2	
16	Stewart, Brooke	ACT	2:51.77	1	3
17	Kampf, Taihlar-Jo	Victoria	2:55.66	1	2
18	Chapman, Alyssa	Victoria	x3:13.14	1	

Girls 90 Meter Hurdles Under 15

Name	Age	Team	Seed	Finals	H#	Points
1	Mikan, Catherine	New South Wales		13.49	1	15
2	Todd, Piper	New South Wales		13.82	2	13
3	Blain, Charlotte	Queensland		13.96	1	12
4	Manov, Ruby	Western Australia		13.98	2	11
5	Mearns, Amaya	Queensland		14.15	2	10
6	Chapman, Alyssa	Victoria		14.22	2	9
7	Van Den Broek, Bailey	Tasmania		14.28	2	8
8	Smith, Lily	Tasmania		14.34	3	7
9	Nicholas, Zara	New South Wales		x14.52	3	
10	Harmey, Georgia	Tasmania		x14.90	1	
11	Smith, Taylor	Western Australia		14.94	3	6
12	Carkeet, Summer	Queensland		x14.95	3	
13	Norris, Madison	Western Australia		x14.98	1	
14	Estlick, Mackenzie	Victoria		15.08	3	5
15	Alchin, Isabell	South Australia		15.30	3	4
16	Kampf, Taihlar-Jo	Victoria		x16.71	1	
17	Wassermann, Casey	South Australia		17.12	2	3
18	Stewart, Brooke	ACT		17.87	3	2

Girls High Jump Under 15

Name	Age	Team	Seed	Finals	Points
1	Van Den Broek, Bailey	Tasmania		1.63m	15
2	Wassermann, Casey	South Australia		J1.63m	13
3	Mearns, Amaya	Queensland		1.57m	12
4	Mikan, Catherine	New South Wales		J1.57m	11
5	Blain, Charlotte	Queensland		1.51m	10
6	Carkeet, Summer	Queensland		xJ1.51m	
7	Todd, Piper	New South Wales		J1.51m	9
8	Chapman, Alyssa	Victoria		1.48m	8
9	Smith, Taylor	Western Australia		J1.48m	7
10	Nicholas, Zara	New South Wales		x1.45m	
11	Kampf, Taihlar-Jo	Victoria		J1.45m	6
11	Stewart, Brooke	ACT		J1.45m	6
13	Smith, Lily	Tasmania		J1.45m	4
14	Estlick, Mackenzie	Victoria		x1.42m	
15	Harmey, Georgia	Tasmania		xJ1.42m	
16	Alchin, Isabell	South Australia		1.39m	3
--	Manov, Ruby	Western Australia		NH	
--	Norris, Madison	Western Australia		NH	

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Girls Long Jump Under 15**

Name	Age Team	Seed	Finals	Points
1 Mearns, Amaya	Queensland		5.50m	15
2 Van Den Broek, Bailey	Tasmania		5.30m	13
3 Nicholas, Zara	New South Wales		5.11m	12
4 Blain, Charlotte	Queensland		5.10m	11
5 Estlick, Mackenzie	Victoria		5.07m	10
6 Mikan, Catherine	New South Wales		5.06m	9
7 Chapman, Alyssa	Victoria		4.97m	8
8 Harmey, Georgia	Tasmania		4.96m	7
9 Smith, Lily	Tasmania		x4.91m	
10 Manov, Ruby	Western Australia		4.88m	6
11 Norris, Madison	Western Australia		4.86m	5
12 Todd, Piper	New South Wales		x4.80m	
13 Carkeet, Summer	Queensland		x4.63m	
14 Smith, Taylor	Western Australia		x4.51m	
15 Wassermann, Casey	South Australia		4.40m	4
16 Stewart, Brooke	ACT		4.28m	3
17 Kampf, Taihlar-Jo	Victoria		x4.26m	
18 Alchin, Isabell	South Australia		4.15m	2

Girls Shot Put Under 15

Name	Age Team	Seed	Finals	Points
1 Nicholas, Zara	New South Wales		11.60m	15
2 Van Den Broek, Bailey	Tasmania		11.08m	13
3 Carkeet, Summer	Queensland		11.07m	12
4 Todd, Piper	New South Wales		10.43m	11
5 Manov, Ruby	Western Australia		10.36m	10
6 Smith, Lily	Tasmania		10.11m	9
7 Kampf, Taihlar-Jo	Victoria		9.43m	8
8 Blain, Charlotte	Queensland		9.04m	7
9 Norris, Madison	Western Australia		8.98m	6
10 Smith, Taylor	Western Australia		x8.92m	
11 Estlick, Mackenzie	Victoria		8.84m	5
12 Harmey, Georgia	Tasmania		x8.67m	
13 Mikan, Catherine	New South Wales		x8.56m	
14 Stewart, Brooke	ACT		8.19m	4
15 Chapman, Alyssa	Victoria		x7.85m	
16 Mearns, Amaya	Queensland		x7.57m	
17 Wassermann, Casey	South Australia		7.06m	3
18 Alchin, Isabell	South Australia		6.91m	2

Girls Javelin Throw Under 15

Name	Age Team	Seed	Finals	Points
1 Todd, Piper	New South Wales		38.31m	15
2 Van Den Broek, Bailey	Tasmania		32.87m	13
3 Kampf, Taihlar-Jo	Victoria		31.09m	12
4 Smith, Lily	Tasmania		26.79m	11
5 Nicholas, Zara	New South Wales		26.43m	10
6 Blain, Charlotte	Queensland		25.73m	9
7 Manov, Ruby	Western Australia		25.71m	8

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Girls Javelin Throw Under 15**

8 Carkeet, Summer	Queensland	25.52m	7
9 Harmey, Georgia	Tasmania	x24.20m	
10 Smith, Taylor	Western Australia	23.69m	6
11 Chapman, Alyssa	Victoria	21.36m	5
12 Norris, Madison	Western Australia	x21.04m	
13 Mearns, Amaya	Queensland	x20.84m	
14 Estlick, Mackenzie	Victoria	x20.66m	
15 Alchin, Isabell	South Australia	18.55m	4
16 Mikan, Catherine	New South Wales	x18.54m	
17 Wassermann, Casey	South Australia	17.51m	3
18 Stewart, Brooke	ACT	16.48m	2

Heptathlon: #4 Girls 200 Meter Dash Under 15 Heptathlon

Name	Age Team	Finals	H#	Points
1 Mearns, Amaya	Queensland	24.52	3	931
2 Blain, Charlotte	Queensland	26.15	1	784
3 Alchin, Isabell	South Australia	26.23	2	777
4 Van Den Broek, Bailey	Tasmania	26.40	3	763
5 Estlick, Mackenzie	Victoria	26.65	1	741
6 Mikan, Catherine	New South Wales	26.71	2	736
7 Smith, Lily	Tasmania	26.94	1	717
8 Manov, Ruby	Western Australia	26.99	3	713
9 Harmey, Georgia	Tasmania	27.17	2	698
10 Nicholas, Zara	New South Wales	27.42	1	677
11 Smith, Taylor	Western Australia	27.57	2	665
12 Carkeet, Summer	Queensland	27.83	2	644
13 Todd, Piper	New South Wales	27.96	3	634
14 Wassermann, Casey	South Australia	28.30	3	607
15 Norris, Madison	Western Australia	28.87	1	564
16 Chapman, Alyssa	Victoria	29.02	3	553
17 Stewart, Brooke	ACT	29.50	3	518
18 Kampf, Taihlar-Jo	Victoria	31.19	2	402

Heptathlon: #7 Girls 800 Meter Run Under 15 Heptathlon

Name	Age Team	Finals	H#	Points
1 Mearns, Amaya	Queensland	2:26.56	2	737
2 Harmey, Georgia	Tasmania	2:30.33	2	689
3 Nicholas, Zara	New South Wales	2:31.68	2	672
4 Smith, Taylor	Western Australia	2:32.52	1	662
5 Estlick, Mackenzie	Victoria	2:33.26	2	653
6 Blain, Charlotte	Queensland	2:33.39	2	651
7 Manov, Ruby	Western Australia	2:33.67	1	648
8 Todd, Piper	New South Wales	2:35.80	2	622
9 Smith, Lily	Tasmania	2:38.22	2	593
10 Mikan, Catherine	New South Wales	2:38.47	2	591
11 Norris, Madison	Western Australia	2:40.27	1	570
12 Van Den Broek, Bailey	Tasmania	2:42.44	2	545
13 Alchin, Isabell	South Australia	2:45.77	1	508
14 Wassermann, Casey	South Australia	2:46.32	1	503
15 Carkeet, Summer	Queensland	2:48.46	2	480
16 Stewart, Brooke	ACT	2:51.77	1	445

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Heptathlon: #7 Girls 800 Meter Run Under 15 Heptathlon**

17 Kampf, Taihlar-Jo	Victoria	2:55.66	1	407
18 Chapman, Alyssa	Victoria	3:13.14	1	253

Heptathlon: #1 Girls 90 Meter Hurdles (76cm) Under 15 Heptathlon

Name	Age Team	Finals	H#	Points
1 Mikan, Catherine	New South Wales	13.49	1	1052
2 Todd, Piper	New South Wales	13.82	2	1004
3 Blain, Charlotte	Queensland	13.96	1	984
4 Manov, Ruby	Western Australia	13.98	2	981
5 Mearns, Amaya	Queensland	14.15	2	957
6 Chapman, Alyssa	Victoria	14.22	2	947
7 Van Den Broek, Bailey	Tasmania	14.28	2	939
8 Smith, Lily	Tasmania	14.34	3	931
9 Nicholas, Zara	New South Wales	14.52	3	906
10 Harmey, Georgia	Tasmania	14.90	1	855
11 Smith, Taylor	Western Australia	14.94	3	850
12 Carkeet, Summer	Queensland	14.95	3	848
13 Norris, Madison	Western Australia	14.98	1	844
14 Estlick, Mackenzie	Victoria	15.08	3	831
15 Alchin, Isabell	South Australia	15.30	3	802
16 Kampf, Taihlar-Jo	Victoria	16.71	1	630
17 Wassermann, Casey	South Australia	17.12	2	583
18 Stewart, Brooke	ACT	17.87	3	502

Heptathlon: #2 Girls High Jump Under 15 Heptathlon

Name	Age Team	Finals	Points
1 Wassermann, Casey	South Australia	1.63m	771
1 Van Den Broek, Bailey	Tasmania	1.63m	771
3 Mearns, Amaya	Queensland	1.57m	701
3 Mikan, Catherine	New South Wales	1.57m	701
5 Blain, Charlotte	Queensland	1.51m	632
5 Todd, Piper	New South Wales	1.51m	632
5 Carkeet, Summer	Queensland	1.51m	632
8 Chapman, Alyssa	Victoria	1.48m	599
8 Smith, Taylor	Western Australia	1.48m	599
10 Kampf, Taihlar-Jo	Victoria	1.45m	566
10 Nicholas, Zara	New South Wales	1.45m	566
10 Stewart, Brooke	ACT	1.45m	566
10 Smith, Lily	Tasmania	1.45m	566
14 Estlick, Mackenzie	Victoria	1.42m	534
14 Harmey, Georgia	Tasmania	1.42m	534
16 Alchin, Isabell	South Australia	1.39m	502
-- Manov, Ruby	Western Australia	NH	
-- Norris, Madison	Western Australia	NH	

Heptathlon: #5 Girls Long Jump Under 15 Heptathlon

Name	Age Team	Finals	Points
1 Mearns, Amaya	Queensland	5.50m	700
2 Van Den Broek, Bailey	Tasmania	5.30m	643

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Heptathlon: #5 Girls Long Jump Under 15 Heptathlon**

3	Nicholas, Zara	New South Wales	5.11m	589
4	Blain, Charlotte	Queensland	5.10m	587
5	Estlick, Mackenzie	Victoria	5.07m	578
6	Mikan, Catherine	New South Wales	5.06m	576
7	Chapman, Alyssa	Victoria	4.97m	551
8	Harmey, Georgia	Tasmania	4.96m	548
9	Smith, Lily	Tasmania	4.91m	535
10	Manov, Ruby	Western Australia	4.88m	527
11	Norris, Madison	Western Australia	4.86m	522
12	Todd, Piper	New South Wales	4.80m	506
13	Carkeet, Summer	Queensland	4.63m	461
14	Smith, Taylor	Western Australia	4.51m	431
15	Wassermann, Casey	South Australia	4.40m	403
16	Stewart, Brooke	ACT	4.28m	374
17	Kampf, Taihlar-Jo	Victoria	4.26m	369
18	Alchin, Isabell	South Australia	4.15m	343

Heptathlon: #3 Girls Shot Put (3kg) Under 15 Heptathlon

Name	Age	Team	Finals	Points
1	Nicholas, Zara	New South Wales	11.60m	635
2	Van Den Broek, Bailey	Tasmania	11.08m	600
3	Carkeet, Summer	Queensland	11.07m	600
4	Todd, Piper	New South Wales	10.43m	558
5	Manov, Ruby	Western Australia	10.36m	553
6	Smith, Lily	Tasmania	10.11m	537
7	Kampf, Taihlar-Jo	Victoria	9.43m	492
8	Blain, Charlotte	Queensland	9.04m	467
9	Norris, Madison	Western Australia	8.98m	463
10	Smith, Taylor	Western Australia	8.92m	459
11	Estlick, Mackenzie	Victoria	8.84m	454
12	Harmey, Georgia	Tasmania	8.67m	443
13	Mikan, Catherine	New South Wales	8.56m	436
14	Stewart, Brooke	ACT	8.19m	412
15	Chapman, Alyssa	Victoria	7.85m	390
16	Mearns, Amaya	Queensland	7.57m	372
17	Wassermann, Casey	South Australia	7.06m	339
18	Alchin, Isabell	South Australia	6.91m	329

Heptathlon: #6 Girls Javelin Throw (500g) Under 15 Heptathlon

Name	Age	Team	Finals	Points
1	Todd, Piper	New South Wales	38.31m	635
2	Van Den Broek, Bailey	Tasmania	32.87m	531
3	Kampf, Taihlar-Jo	Victoria	31.09m	497
4	Smith, Lily	Tasmania	26.79m	416
5	Nicholas, Zara	New South Wales	26.43m	409
6	Blain, Charlotte	Queensland	25.73m	396
7	Manov, Ruby	Western Australia	25.71m	396
8	Carkeet, Summer	Queensland	25.52m	392
9	Harmey, Georgia	Tasmania	24.20m	367
10	Smith, Taylor	Western Australia	23.69m	358
11	Chapman, Alyssa	Victoria	21.36m	314

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Heptathlon: #6 Girls Javelin Throw (500g) Under 15 Heptathlon**

12 Norris, Madison	Western Australia	21.04m	308
13 Mearns, Amaya	Queensland	20.84m	305
14 Estlick, Mackenzie	Victoria	20.66m	301
15 Alchin, Isabell	South Australia	18.55m	262
16 Mikan, Catherine	New South Wales	18.54m	262
17 Wassermann, Casey	South Australia	17.51m	243
18 Stewart, Brooke	ACT	16.48m	224

Girls Heptathlon Under 15

Name	Age Team	Seed	Finals	H#	Points
1 Van Den Broek, Bailey	Tasmania		4792		
2 Mearns, Amaya	Queensland		4703		
3 Todd, Piper	New South Wales		4591		
4 Blain, Charlotte	Queensland		4501		
5 Nicholas, Zara	New South Wales		4454		
6 Mikan, Catherine	New South Wales		4354		
7 Smith, Lily	Tasmania		4295		
8 Harmey, Georgia	Tasmania		4134		
9 Estlick, Mackenzie	Victoria		4092		
10 Carkeet, Summer	Queensland		4057		
11 Smith, Taylor	Western Australia		4024		
12 Manov, Ruby	Western Australia		3818		
13 Chapman, Alyssa	Victoria		3607		
14 Alchin, Isabell	South Australia		3523		
15 Wassermann, Casey	South Australia		3449		
16 Kampf, Taihlar-Jo	Victoria		3363		
17 Norris, Madison	Western Australia		3271		
18 Stewart, Brooke	ACT		3041		

Girls 100 Meter Dash MC Under 13-14

Name	Age Team	Seed	Finals	Points
1 Schultz, Zoe F38;T38	Victoria	J16.14	11	76.70%
2 Downey, Eleanor F20;T20	Victoria	J15.79	10	75.43%
3 Lette, Jasmine F20;T20	New South Wales	J20.41	6	58.35%
4 Earl, Olivia F20;T20	New South Wales	J21.78	5	54.68%

Girls 200 Meter Dash MC Under 13-14

Name	Age Team	Seed	Finals	Points
1 Schultz, Zoe F38;T38	Victoria	J33.16	11	78.17%
2 Downey, Eleanor F20;T20	Victoria	J32.40	11	77.19%
3 Lette, Jasmine F20;T20	New South Wales	J43.63	5	57.32%

Girls 400 Meter Run MC Under 13-14

Name	Age Team	Seed	Finals	Points
1 Downey, Eleanor F20;T20	Victoria	J73.74	10	75.93%

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Girls 800 Meter Run MC Under 13-14**

Name	Age Team	Seed	Finals	Points
1 Schultz, Zoe F38;T38	Victoria		J3:10.62	11 77.66%

Girls Long Jump MC Under 13-14

Name	Age Team	Seed	Finals	Points
1 Schultz, Zoe F38;T38	Victoria		J2.99m	13 54.26%
2 Downey, Eleanor F20;T20	Victoria		J3.25m	13 52.33%
3 Earl, Olivia F20;T20	New South Wales		J2.10m	8 33.82%

Girls Shot Put MC Under 13-14

Name	Age Team	Seed	Finals	Points
1 Earl, Olivia F20;T20	New South Wales		J8.12m	15 57.59%
2 Schultz, Zoe F38;T38	Victoria		J6.57m	13 52.23%
3 Lette, Jasmine F20;T20	New South Wales		J4.17m	7 29.57%

Girls Discus Throw MC Under 13-14

Name	Age Team	Seed	Finals	Points
1 Earl, Olivia F20;T20	New South Wales		J26.34m	15 60.37%
2 Schultz, Zoe F38;T38	Victoria		J17.93m	12 47.40%
3 Lette, Jasmine F20;T20	New South Wales		J10.10m	6 23.15%

Girls Javelin Throw MC Under 13-14

Name	Age Team	Seed	Finals	Points
1 Earl, Olivia F20;T20	New South Wales		J14.93m	9 37.54%
2 Downey, Eleanor F20;T20	Victoria		J9.16m	6 23.03%

Boys 100 Meter Dash Under 13

Name	Age Team	Seed	Prelims	H#
Preliminaries				
1 De Silva, Kevin	Victoria		12.05Q	1
2 Manley, Dylan	Queensland		12.38Q	2
3 Bennett, Brooklyn	Western Australia		12.43q	2
4 Neale, Sebastian	ACT		12.66q	2
5 Wright, Jacob	New South Wales		12.70q	2
6 Kirk, Zach	Victoria		12.76q	2
7 Mpoyi, Jonathon	South Australia		12.81q	2
8 Nasser, Adam	New South Wales		12.91q	1
9 Braithwaite, Finn	ACT		13.08	1
10 Andrews, Marlon	Queensland		13.15	1
11 Leck, Alan Angus	Western Australia		13.22	1
12 Gordon, Hamish	South Australia		13.27	1
13 Boyle, Solomon	Tasmania		13.64	2
14 Kelly, Lincoln	Tasmania		13.67	1

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Boys 100 Meter Dash Under 13**

Name	Age Team	Prelims	Finals	Points
Finals				
1 De Silva, Kevin	Victoria	12.05	11.79	15
2 Manley, Dylan	Queensland	12.38	12.13	13
3 Bennett, Brooklyn	Western Australia	12.43	12.25	12
4 Neale, Sebastian	ACT	12.66	12.51	11
5 Mpoyi, Jonathon	South Australia	12.81	12.59	10
6 Wright, Jacob	New South Wales	12.70	12.62	9
7 Kirk, Zach	Victoria	12.76	12.67	8
8 Nasser, Adam	New South Wales	12.91	12.83	7
Preliminaries				
9 Braithwaite, Finn	ACT	13.08		6
10 Andrews, Marlon	Queensland	13.15		5
11 Leck, Alan Angus	Western Australia	13.22		4
12 Gordon, Hamish	South Australia	13.27		3
13 Boyle, Solomon	Tasmania	13.64		2
14 Kelly, Lincoln	Tasmania	13.67		1

Boys 200 Meter Dash Under 13

Name	Age Team	Seed	Prelims	H#
1 De Silva, Kevin	Victoria		24.35Q	1
2 Keats, Harry	New South Wales		25.27Q	2
3 Bennett, Brooklyn	Western Australia		25.26q	1
4 Amorsen, Ned	Queensland		25.36q	1
5 Parker, Darcy	Victoria		25.58q	2
6 Wright, Jacob	New South Wales		25.61q	1
7 Manley, Dylan	Queensland		25.68q	2
8 Neale, Sebastian	ACT		25.81q	2
9 Braithwaite, Finn	ACT		26.69	1
10 Mpoyi, Jonathon	South Australia		26.77	2
11 Gordon, Hamish	South Australia		27.24	1
12 Boyle, Solomon	Tasmania		27.39	1
13 Etim, Imoh	Western Australia		28.24	2
14 Gomer, Luke	Tasmania		30.90	2

Boys 200 Meter Dash Under 13

Name	Age Team	Prelims	Finals	Points
Finals				
1 De Silva, Kevin	Victoria	24.35	24.11	15
2 Manley, Dylan	Queensland	25.68	24.83	13
3 Bennett, Brooklyn	Western Australia	25.26	24.97	12
4 Parker, Darcy	Victoria	25.58	25.15	11
5 Amorsen, Ned	Queensland	25.36	25.16	10
6 Keats, Harry	New South Wales	25.27	25.45	9
7 Wright, Jacob	New South Wales	25.61	25.66	8
8 Neale, Sebastian	ACT	25.81	26.10	7
Preliminaries				
9 Braithwaite, Finn	ACT	26.69		6
10 Mpoyi, Jonathon	South Australia	26.77		5
11 Gordon, Hamish	South Australia	27.24		4

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Boys 200 Meter Dash Under 13**

12 Boyle, Solomon	Tasmania	27.39	3
13 Etim, Imoh	Western Australia	28.24	2
14 Gomer, Luke	Tasmania	30.90	1

Boys 400 Meter Run Under 13

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Keats, Harry		New South Wales	53.88	54.77	2	15
2 Bennett, Brooklyn		Western Australia	57.45	54.93	2	13
3 Rosato, Lachlan		Victoria	55.78	55.48	2	12
4 Parker, Darcy		Victoria	56.41	55.61	2	11
5 Bissell, Alexander		New South Wales	56.41	58.55	2	10
6 Trotter, Nathan		South Australia	59.78	59.12	1	9 59.112
7 Amorsen, Ned		Queensland		59.12	2	8 59.113
8 Fieldhouse, Hunter		South Australia	59.74	59.39	2	7
9 Crowley, Archer		Queensland	59.32	59.42	2	6
10 Davey, Thomas		Western Australia	61.01	61.13	1	5
11 Kelly, Lincoln		Tasmania	63.88	61.67	1	4
12 Cooper, Lachlan		ACT	63.52	63.34	1	3
13 Quayle, Texas		ACT	63.54	64.57	1	2
14 Hobday, Duncan		Tasmania	63.67	65.02	1	1

Boys 800 Meter Run Under 13

Name	Age	Team	Seed	Finals	Points
1 Keats, Harry		New South Wales	2:05.23	2:03.31	15
2 Rowbotham, Evan		New South Wales	2:08.23	2:09.33	13
3 Cox, Daniel		South Australia	2:16.94	2:12.73	12
4 Fieldhouse, Hunter		South Australia	2:17.39	2:13.86	11
5 Curlewis, Henry		Victoria		2:14.48	10
6 Hughes, Tyler		Victoria	2:16.96	2:15.40	9
7 Davey, Thomas		Western Australia	2:18.61	2:16.79	8
8 Brown, Luka		Queensland		2:17.56	7
9 Maher, Levi		Queensland	2:15.12	2:19.65	6
10 Hobday, Duncan		Tasmania	2:21.23	2:24.41	5
11 Kelly, Lincoln		Tasmania	2:27.92	2:26.02	4
12 Cooper, Lachlan		ACT	2:34.49	2:26.15	3
13 Wilkinson, Ross		ACT	2:33.34	2:28.01	2
14 Munro, Keenan		Western Australia		2:49.53	1

Boys 1500 Meter Run Under 13

Name	Age	Team	Seed	Finals	Points
1 Rowbotham, Evan		New South Wales		4:32.95	15
2 McMahon, Patrick		New South Wales		4:37.50	13
3 Curlewis, Henry		Victoria		4:39.25	12
4 Davey, Thomas		Western Australia		4:39.52	11
5 Brown, Luka		Queensland		4:44.37	10
6 Cox, Daniel		South Australia		4:46.96	9
7 Maling, Declan		Victoria		4:51.72	8
8 Boruc, Aleksander		South Australia		4:52.53	7

2023 Coles ALAC - 22/04/2023 to 23/04/2023

Lakeside Stadium

Results

...Boys 1500 Meter Run Under 13

9	Wilkinson, Ross	ACT	4:53.25	6
10	Maher, Levi	Queensland	5:00.60	5
11	Cooper, Lachlan	ACT	5:03.26	4
12	Gomer, Luke	Tasmania	5:10.66	3
13	Pamplin, Jude	Tasmania	6:15.51	2

Boys 80 Meter Hurdles (76cm) Under 13

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1	Ackerman, Travarn	Western Australia		12.68Q	2
2	Phillips, Doug	Queensland		12.84Q	1
3	Clarke, Lenny	Victoria		12.88q	2
4	Hall, Nate	Victoria		12.89q	1
5	Etim, Imoh	Western Australia		12.93q	1
6	Yap, Davin	New South Wales		12.94q	2
7	Osborne, Harry	Queensland		13.23q	2
8	Keblewhite, Cooper	ACT		13.24q	1
9	Bissell, Alexander	New South Wales		13.51	1
10	Gwynne, Hugo	South Australia		13.84	2
11	Harrison, Mitchell	South Australia		14.01	1
12	Bryan, Koby	Tasmania		14.65	1
13	Gomer, Luke	Tasmania		14.88	2

Boys 80 Meter Hurdles (76cm) Under 13

Name	Age	Team	Prelims	Finals	Points
Finals					
1	Ackerman, Travarn	Western Australia	12.68	12.33	15
2	Hall, Nate	Victoria	12.89	12.55	13
3	Clarke, Lenny	Victoria	12.88	12.66	12
4	Phillips, Doug	Queensland	12.84	12.71	11 12.703
5	Etim, Imoh	Western Australia	12.93	12.71	10 12.705
6	Yap, Davin	New South Wales	12.94	12.87	9
7	Keblewhite, Cooper	ACT	13.24	13.00	8
8	Osborne, Harry	Queensland	13.23	13.03	7
Preliminaries					
9	Bissell, Alexander	New South Wales	13.51		6
10	Gwynne, Hugo	South Australia	13.84		5
11	Harrison, Mitchell	South Australia	14.01		4
12	Bryan, Koby	Tasmania	14.65		3
13	Gomer, Luke	Tasmania	14.88		2

Boys 200 Meter Hurdles (68cm) Under 13

Name	Age	Team	Seed	Prelims	H#
1	Ackerman, Travarn	Western Australia		27.63Q	2
2	Hall, Nate	Victoria		27.67Q	1
3	Kirk, Zach	Victoria		27.90q	2
4	Nasser, Adam	New South Wales		28.07q	1
5	Bissell, Alexander	New South Wales		28.12q	2
6	Osborne, Harry	Queensland		28.63q	2

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Boys 200 Meter Hurdles (68cm) Under 13**

7	Kebblewhite, Cooper	ACT	28.99q	2
8	Boyle, Solomon	Tasmania	29.48q	2
9	Lowry, Brodie	Western Australia	29.66	1
10	Phillips, Doug	Queensland	30.02	1
11	Jamieson, Ashton	ACT	30.22	1
12	Kelly, Lincoln	Tasmania	30.53	1
13	Harrison, Mitchell	South Australia	30.54	2
14	Campbell, Cruz	South Australia	32.17	1

Boys 200 Meter Hurdles (68cm) Under 13

Name	Age Team	Prelims	Finals	Points
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Finals						
1	Ackerman, Travarn	Western Australia	27.63	27.84	15	
2	Hall, Nate	Victoria	27.67	27.86	13	27.854
3	Bissell, Alexander	New South Wales	28.12	27.86	12	27.858
4	Kirk, Zach	Victoria	27.90	28.08	11	
5	Nasser, Adam	New South Wales	28.07	28.20	10	
6	Osborne, Harry	Queensland	28.63	28.79	9	
7	Kebblewhite, Cooper	ACT	28.99	29.69	8	
8	Boyle, Solomon	Tasmania	29.48	29.79	7	

Preliminaries

9	Lowry, Brodie	Western Australia	29.66		6
10	Phillips, Doug	Queensland	30.02		5
11	Jamieson, Ashton	ACT	30.22		4
12	Kelly, Lincoln	Tasmania	30.53		3
13	Harrison, Mitchell	South Australia	30.54		2
14	Campbell, Cruz	South Australia	32.17		1

Boys 4x100 Meter Relay Under 13

Team	Seed	Finals	Points
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Finals			
1	Victoria 'A'	48.24	15
	1) Ropeti, Gospel 12		
	2) Parker, Darcy 12		
	3) De Silva, Kevin 12		
	4) Maling, Declan 12		
2	Queensland 'A'	49.04	13
	1) Amorsen, Ned 12		
	2) Andrews, Marlon 12		
	3) Matthews, Isaac 12		
	4) Manley, Dylan 12		
3	Australian Capital Territory 'A'	49.43	12
	1) Jamieson, Ashton 12		
	2) Neale, Sebastian 12		
	3) Henderson, Eamon 12		
	4) Braithwaite, Finn 12		
4	Western Australia 'A'	49.64	11
	1) Ackerman, Travarn 12		
	2) Bennett, Brooklyn 12		
	3) Leck, Alan Angus 12		
	4) Etim, Imoh 12		
5	Tasmania 'A'	53.30	10
	1) Kelly, Lincoln 12		
	2) Bryan, Koby 12		
	3) Pamplin, Jude 12		
	4) Boyle, Solomon 12		
6	South Australia 'A'	55.47	9
	1) Gwynne, Hugo 12		
	2) Cox, Daniel 12		
	3) Harrison, Mitchell 12		
	4) Wilks, Sam 12		
--	New South Wales 'A'	DQ	TR 24.6
	1) Field, Benjamin 12		
	2) Nasser, Adam 12		

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****....Boys 4x100 Meter Relay Under 13**

3) Bissell, Alexander 12 4) Keats, Harry 12

Boys 1000 Sprint Medley Under 13

Team	Seed	Finals	Points
1 Victoria 'A'		2:12.72	15
1) Kirk, Zach 12	2) Parker, Darcy 12		
3) De Silva, Kevin 12	4) Rosato, Lachlan 12		
2 New South Wales 'A'		2:15.68	13
1) Wright, Jacob 12	2) Keats, Harry 12		
3) Steele, Thomas 12	4) Bissell, Alexander 12		
3 Queensland 'A'		2:18.38	12
1) Andrews, Marlon 12	2) Manley, Dylan 12		
3) Matthews, Isaac 12	4) Crowley, Archer 12		
4 South Australia 'A'		2:21.90	11
1) Gordon, Hamish 12	2) Trotter, Nathan 12		
3) Mpoyi, Jonathon 12	4) Fieldhouse, Hunter 12		
5 Western Australia 'A'		2:22.33	10
1) Ackerman, Travarn 12	2) Bennett, Brooklyn 12		
3) Etim, Imoh 12	4) Davey, Thomas 12		
6 Australian Capital Territory 'A'		2:27.26	9
1) Jamieson, Ashton 12	2) Braithwaite, Finn 12		
3) Neale, Sebastian 12	4) Quayle, Texas 12		
7 Tasmania 'A'		2:35.46	8
1) Pamplin, Jude 12	2) Boyle, Solomon 12		
3) Bryan, Koby 12	4) Kelly, Lincoln 12		

Boys High Jump (1.30m) Under 13

Name	Age Team	Seed	Finals	Points
1 Yap, Davin	New South Wales		1.65m	15
2 Nunn, Cooper	Victoria		1.63m	13
3 Steele, Thomas	New South Wales		J1.63m	12
4 Osborne, Harry	Queensland		1.61m	11
5 Bryan, Koby	Tasmania		1.59m	10
6 Crowley, Archer	Queensland		1.57m	9
7 Sherwood, Evan	Western Australia		1.50m	8
8 Dunstan, Angus	Victoria		J1.50m	7
9 Henderson, Eamon	ACT		J1.45m	6
9 Zillante, Zac	South Australia		J1.45m	6
11 Campbell, Cruz	South Australia		J1.45m	4
12 Lowry, Brodie	Western Australia		J1.40m	3
12 Pamplin, Jude	Tasmania		J1.40m	3
14 Quayle, Texas	ACT		1.30m	1

Boys Long Jump Under 13

Name	Age Team	Seed	Finals	Points
1 Maling, Declan	Victoria		5.60m	15
2 Ackerman, Travarn	Western Australia		5.50m	13
3 Yap, Davin	New South Wales		5.48m	12
4 Crowley, Archer	Queensland		5.37m	11

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Boys Long Jump Under 13**

5 Osborne, Harry	Queensland	5.24m	10
6 Botha, Zander	Victoria	5.23m	9
7 Field, Benjamin	New South Wales	5.04m	8
8 Henderson, Eamon	ACT	4.96m	7
9 Bryan, Koby	Tasmania	4.84m	6
10 Lowry, Brodie	Western Australia	4.83m	5
11 Boruc, Aleksander	South Australia	4.75m	4
12 Gwynne, Hugo	South Australia	4.70m	3
13 Butler, Lucas	ACT	4.25m	2
14 Davie, Thomas	Tasmania	3.84m	1

Boys Triple Jump Under 13

Name	Age Team	Seed	Finals	Points
1 Maling, Declan	Victoria		11.37m	15
2 Osborne, Harry	Queensland		11.15m	13
3 Etim, Imoh	Western Australia		11.08m	12
4 Field, Benjamin	New South Wales		11.04m	11
5 Ackerman, Travarn	Western Australia		11.03m	10
6 Botha, Zander	Victoria		10.83m	9
7 Bryan, Koby	Tasmania		10.57m	8
8 Nasser, Adam	New South Wales		10.53m	7
9 Mason, Riley	Queensland		10.44m	6
10 Boyle, Solomon	Tasmania		10.15m	5
11 Campbell, Cruz	South Australia		9.95m	4
12 Trotter, Nathan	South Australia		9.81m	3
13 Butler, Lucas	ACT		9.81m	2
14 Jamieson, Ashton	ACT		9.61m	1

Boys Shot Put (3kg) Under 13

Name	Age Team	Seed	Finals	Points
1 Ropeti, Gospel	Victoria		15.37m	15
2 Taeloa, Ashton	New South Wales		14.70m	13
3 Dempsey, Oliver	New South Wales		13.99m	12
4 Gordon, Hamish	South Australia		13.86m	11
5 Baker, Logan	Western Australia		13.81m	10
6 Hambrook-Smith, Jake	Queensland		13.69m	9
7 Matthews, Isaac	Queensland		12.96m	8
8 Parlongo, Rocco	Western Australia		11.95m	7
9 Schoenborn, Llywelyn	Victoria		11.14m	6
10 Trotter, Nathan	South Australia		10.65m	5
11 Archer, Jude	Tasmania		10.00m	4
12 Day, Maddox	Tasmania		9.45m	3
13 Susa, Julian	ACT		8.53m	2
14 Adams, Ethan	ACT		8.36m	1

Boys Discus Throw (750g) Under 13

Name	Age Team	Seed	Finals	Points
1 Taeloa, Ashton	New South Wales		48.63m	15
2 Ropeti, Gospel	Victoria		46.14m	13

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Boys Discus Throw (750g) Under 13**

3 Hambrook-Smith, Jake	Queensland	46.01m	12
4 Parlongo, Rocco	Western Australia	44.92m	11
5 Trotter, Nathan	South Australia	40.47m	10
6 Laycock, Cooper	Queensland	39.58m	9
7 Wright, Jacob	New South Wales	38.39m	8
8 Mason, Jasper	Tasmania	35.42m	7
9 Gordon, Hamish	South Australia	32.96m	6
10 Ropeti, Maloamata	Victoria	32.86m	5
11 Day, Maddox	Tasmania	32.34m	4
12 Kebblewhite, Cooper	ACT	31.74m	3
13 Susa, Julian	ACT	24.10m	2
-- Sio, Oscar	Western Australia	ND	

Boys Javelin Throw (600g) Under 13

Name	Age Team	Seed	Finals	Points
1 Scott, Thomas	Queensland		41.74m	15
2 Parlongo, Rocco	Western Australia		39.15m	13
3 Gordon, Hamish	South Australia		38.78m	12
4 Crowley, Archer	Queensland		37.65m	11
5 Ropeti, Gospel	Victoria		37.08m	10
6 Chevalier, Aaron	New South Wales		35.12m	9
7 Jones, Jack	New South Wales		34.12m	8
8 Ropeti, Maloamata	Victoria		32.68m	7
9 Sio, Oscar	Western Australia		32.04m	6
10 Trotter, Nathan	South Australia		31.22m	5
11 Archer, Jude	Tasmania		29.53m	4
12 Davie, Thomas	Tasmania		28.29m	3
13 Susa, Julian	ACT		23.19m	2
14 Adams, Ethan	ACT		20.37m	1

Boys 1500 Meter Race Walk Under 13

Name	Age Team	Seed	Finals	Points
1 Hvalica, Jaime	Victoria		6:54.74	15
2 Braendle, Alexander	New South Wales		6:59.93	13
3 Cooke, Noah	Queensland		7:01.52	12
4 Munro, Keenan	Western Australia		7:25.88	11
5 Hall, Lukas	New South Wales		7:40.39	10
6 Wilkinson, Ross	ACT		8:13.70	9
7 Solotuchin, Talan	South Australia		8:23.82	8
8 Melinz, Eli	Queensland		8:57.99	7
-- Clarke, Lenny	Victoria		DQ	TR 54.7.1
-- Hadley, Lochie	Western Australia		DQ	TR 54.7.1
-- Day, Maddox	Tasmania		DQ	TR 54.7.1
-- Wilks, Sam	South Australia		DQ	TR 54.7.1

Boys 100 Meter Dash Under 15

Name	Age Team	Seed	Finals	H#	Points
1 Bertram, Cooper	Victoria		11.62	3	15
2 Harlow, Daniel	Queensland		11.68	2	13

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Boys 100 Meter Dash Under 15**

3 Hill, Wyatt	Western Australia	11.70	3	12
4 Matthews, Max	Tasmania	11.97	2	11
5 Wilson, Maddox	Victoria	12.00	2	10
6 Acklom, Cooper	Victoria	x12.02	1	
7 Reynaldo, Tomi	New South Wales	12.06	2	9
8 Bosco, Kevin	New South Wales	12.13	3	8
9 Gardiner, Dylan	Queensland	12.17	3	7
10 Eva, Deacon	Western Australia	12.19	1	6
11 Rice, Lachlan	New South Wales	x12.19	1	
12 Smith, Flynn	Tasmania	12.24	2	5
13 Weil, Cooper	Queensland	x12.30	1	
14 Davie, Xavier	Tasmania	x12.52	3	
15 Shearwin, Benjamin	South Australia	12.58	1	4
16 Linton, Angus	ACT	12.66	3	3
17 Raftery, Cooper	South Australia	13.16	3	2

Boys 800 Meter Run Under 15

Name	Age Team	Seed	Finals	H#	Points
1 Matthews, Max	Tasmania		2:07.41	1	15
2 Smith, Flynn	Tasmania		2:07.49	1	13
3 Davie, Xavier	Tasmania		x2:11.39	2	
4 Reynaldo, Tomi	New South Wales		2:14.08	2	12
5 Harlow, Daniel	Queensland		2:15.49	2	11
6 Eva, Deacon	Western Australia		2:17.50	1	10
7 Hill, Wyatt	Western Australia		2:18.01	2	9
8 Wilson, Maddox	Victoria		2:20.84	2	8
9 Bosco, Kevin	New South Wales		2:21.75	1	7
10 Bertram, Cooper	Victoria		2:22.62	2	6
11 Rice, Lachlan	New South Wales		x2:24.74	2	
12 Gardiner, Dylan	Queensland		2:25.24	2	5
13 Linton, Angus	ACT		2:27.23	1	4
14 Weil, Cooper	Queensland		x2:27.87	2	
15 Raftery, Cooper	South Australia		2:31.38	1	3
16 Acklom, Cooper	Victoria		x2:51.47	2	
-- Shearwin, Benjamin	South Australia		DQ	1	

Boys 100 Meter Hurdles Under 15

Name	Age Team	Seed	Finals	H#	Points
1 Harlow, Daniel	Queensland		13.37	3	15
2 Weil, Cooper	Queensland		13.45	1	13
3 Bertram, Cooper	Victoria		13.50	3	12
4 Gardiner, Dylan	Queensland		x13.79	2	
5 Smith, Flynn	Tasmania		13.98	1	11
6 Wilson, Maddox	Victoria		14.06	1	10
7 Reynaldo, Tomi	New South Wales		14.20	2	9
8 Bosco, Kevin	New South Wales		14.43	1	8
9 Davie, Xavier	Tasmania		14.45	2	7
10 Acklom, Cooper	Victoria		x14.53	2	
11 Hill, Wyatt	Western Australia		14.66	3	6
12 Rice, Lachlan	New South Wales		x14.67	3	
13 Eva, Deacon	Western Australia		15.07	2	5

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Boys 100 Meter Hurdles Under 15**

14	Shearwin, Benjamin	South Australia	15.47	3	4
15	Raftery, Cooper	South Australia	15.80	1	3
16	Matthews, Max	Tasmania	x15.82	3	
17	Linton, Angus	ACT	17.69	3	2

Boys High Jump Under 15

Name	Age	Team	Seed	Finals	Points
1	Davie, Xavier	Tasmania		1.81m	15
2	Hill, Wyatt	Western Australia		1.78m	13
3	Wilson, Maddox	Victoria		1.75m	12
4	Harlow, Daniel	Queensland		J1.75m	11
5	Bertram, Cooper	Victoria		1.72m	10
6	Smith, Flynn	Tasmania		1.66m	9
7	Matthews, Max	Tasmania		xJ1.66m	
8	Weil, Cooper	Queensland		1.63m	8
9	Rice, Lachlan	New South Wales		1.60m	7
10	Gardiner, Dylan	Queensland		x1.57m	
11	Shearwin, Benjamin	South Australia		1.54m	6
12	Raftery, Cooper	South Australia		J1.54m	5
13	Reynaldo, Tomi	New South Wales		J1.54m	4
14	Linton, Angus	ACT		J1.54m	3
15	Acklom, Cooper	Victoria		x1.51m	
16	Bosco, Kevin	New South Wales		x1.45m	
17	Eva, Deacon	Western Australia		J1.45m	2

Boys Long Jump Under 15

Name	Age	Team	Seed	Finals	Points
1	Hill, Wyatt	Western Australia		6.26m	15
2	Harlow, Daniel	Queensland		5.94m	13
3	Rice, Lachlan	New South Wales		5.84m	12
4	Gardiner, Dylan	Queensland		5.76m	11
5	Weil, Cooper	Queensland		x5.71m	
6	Matthews, Max	Tasmania		5.68m	10
7	Davie, Xavier	Tasmania		5.67m	9
8	Eva, Deacon	Western Australia		5.65m	8
9	Bertram, Cooper	Victoria		5.64m	7
10	Wilson, Maddox	Victoria		5.59m	6
11	Smith, Flynn	Tasmania		x5.58m	
12	Shearwin, Benjamin	South Australia		5.56m	5
13	Acklom, Cooper	Victoria		x5.51m	
14	Reynaldo, Tomi	New South Wales		5.48m	4
15	Raftery, Cooper	South Australia		5.30m	3
16	Linton, Angus	ACT		4.94m	2
17	Bosco, Kevin	New South Wales		x4.53m	

Boys Discus Throw Under 15

Name	Age	Team	Seed	Finals	Points
1	Rice, Lachlan	New South Wales		52.86m	15
2	Weil, Cooper	Queensland		45.65m	13

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Boys Discus Throw Under 15**

3	Wilson, Maddox	Victoria	43.88m	12
4	Bertram, Cooper	Victoria	41.75m	11
5	Hill, Wyatt	Western Australia	39.46m	10
6	Acklom, Cooper	Victoria	x38.24m	
7	Harlow, Daniel	Queensland	36.33m	9
8	Davie, Xavier	Tasmania	35.50m	8
9	Matthews, Max	Tasmania	35.43m	7
10	Reynaldo, Tomi	New South Wales	32.74m	6
11	Eva, Deacon	Western Australia	29.61m	5
12	Shearwin, Benjamin	South Australia	27.87m	4
13	Raftery, Cooper	South Australia	26.89m	3
14	Gardiner, Dylan	Queensland	x24.49m	
15	Linton, Angus	ACT	24.10m	2
16	Smith, Flynn	Tasmania	x22.61m	
17	Bosco, Kevin	New South Wales	x21.54m	

Boys Javelin Throw Under 15

Name	Age	Team	Seed	Finals	Points
1	Hill, Wyatt	Western Australia		47.76m	15
2	Davie, Xavier	Tasmania		40.07m	13
3	Acklom, Cooper	Victoria		39.80m	12
4	Bertram, Cooper	Victoria		34.78m	11
5	Smith, Flynn	Tasmania		34.34m	10
6	Harlow, Daniel	Queensland		34.12m	9
7	Shearwin, Benjamin	South Australia		34.08m	8
8	Wilson, Maddox	Victoria		x32.35m	
9	Gardiner, Dylan	Queensland		32.28m	7
10	Reynaldo, Tomi	New South Wales		32.18m	6
11	Eva, Deacon	Western Australia		31.58m	5
12	Weil, Cooper	Queensland		x30.61m	
13	Rice, Lachlan	New South Wales		29.97m	4
14	Raftery, Cooper	South Australia		29.19m	3
15	Linton, Angus	ACT		21.94m	2
16	Bosco, Kevin	New South Wales		x19.85m	
17	Matthews, Max	Tasmania		x16.25m	

Heptathlon: #3 Boys 100 Meter Dash Under 15 Heptathlon

Name	Age	Team	Finals	H#	Points
1	Bertram, Cooper	Victoria	11.62	3	728
2	Harlow, Daniel	Queensland	11.68	2	715
3	Hill, Wyatt	Western Australia	11.70	3	711
4	Matthews, Max	Tasmania	11.97	2	657
5	Wilson, Maddox	Victoria	12.00	2	651
6	Acklom, Cooper	Victoria	12.02	1	647
7	Reynaldo, Tomi	New South Wales	12.06	2	639
8	Bosco, Kevin	New South Wales	12.13	3	626
9	Gardiner, Dylan	Queensland	12.17	3	618
10	Eva, Deacon	Western Australia	12.19	1	614
11	Rice, Lachlan	New South Wales	12.19	1	614
12	Smith, Flynn	Tasmania	12.24	2	605
13	Weil, Cooper	Queensland	12.30	1	593

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Heptathlon: #3 Boys 100 Meter Dash Under 15 Heptathlon**

14 Davie, Xavier	Tasmania	12.52	3	552
15 Shearwin, Benjamin	South Australia	12.58	1	541
16 Linton, Angus	ACT	12.66	3	527
17 Raftery, Cooper	South Australia	13.16	3	441

Heptathlon: #7 Boys 800 Meter Run Under 15 Heptathlon

Name	Age Team	Finals	H#	Points
1 Matthews, Max	Tasmania	2:07.41	1	761
2 Smith, Flynn	Tasmania	2:07.49	1	760
3 Davie, Xavier	Tasmania	2:11.39	2	710
4 Reynaldo, Tomi	New South Wales	2:14.08	2	676
5 Harlow, Daniel	Queensland	2:15.49	2	659
6 Eva, Deacon	Western Australia	2:17.50	1	635
7 Hill, Wyatt	Western Australia	2:18.01	2	628
8 Wilson, Maddox	Victoria	2:20.84	2	595
9 Bosco, Kevin	New South Wales	2:21.75	1	584
10 Bertram, Cooper	Victoria	2:22.62	2	574
11 Rice, Lachlan	New South Wales	2:24.74	2	550
12 Gardiner, Dylan	Queensland	2:25.24	2	544
13 Linton, Angus	ACT	2:27.23	1	522
14 Weil, Cooper	Queensland	2:27.87	2	515
15 Raftery, Cooper	South Australia	2:31.38	1	478
16 Acklom, Cooper	Victoria	2:51.47	2	287
-- Shearwin, Benjamin	South Australia	DQ	1	TR 17.3.1

Heptathlon: #1 Boys 100 Meter Hurdles (76cm) Under 15 Heptathlon

Name	Age Team	Finals	H#	Points
1 Harlow, Daniel	Queensland	13.37	3	1057
2 Weil, Cooper	Queensland	13.45	1	1047
3 Bertram, Cooper	Victoria	13.50	3	1040
4 Gardiner, Dylan	Queensland	13.79	2	1002
5 Smith, Flynn	Tasmania	13.98	1	977
6 Wilson, Maddox	Victoria	14.06	1	967
7 Reynaldo, Tomi	New South Wales	14.20	2	949
8 Bosco, Kevin	New South Wales	14.43	1	920
9 Davie, Xavier	Tasmania	14.45	2	917
10 Acklom, Cooper	Victoria	14.53	2	907
11 Hill, Wyatt	Western Australia	14.66	3	891
12 Rice, Lachlan	New South Wales	14.67	3	890
13 Eva, Deacon	Western Australia	15.07	2	841
14 Shearwin, Benjamin	South Australia	15.47	3	794
15 Raftery, Cooper	South Australia	15.80	1	755
16 Matthews, Max	Tasmania	15.82	3	753
17 Linton, Angus	ACT	17.69	3	554

Heptathlon: #6 Boys High Jump Under 15 Heptathlon

Name	Age Team	Finals	Points
1 Davie, Xavier	Tasmania	1.81m	636
2 Hill, Wyatt	Western Australia	1.78m	610

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Heptathlon: #6 Boys High Jump Under 15 Heptathlon**

3 Harlow, Daniel	Queensland	1.75m	585
3 Wilson, Maddox	Victoria	1.75m	585
5 Bertram, Cooper	Victoria	1.72m	560
6 Smith, Flynn	Tasmania	1.66m	512
6 Matthews, Max	Tasmania	1.66m	512
8 Weil, Cooper	Queensland	1.63m	488
9 Rice, Lachlan	New South Wales	1.60m	464
10 Gardiner, Dylan	Queensland	1.57m	441
11 Shearwin, Benjamin	South Australia	1.54m	419
11 Reynaldo, Tomi	New South Wales	1.54m	419
11 Linton, Angus	ACT	1.54m	419
11 Raftery, Cooper	South Australia	1.54m	419
15 Acklom, Cooper	Victoria	1.51m	396
16 Eva, Deacon	Western Australia	1.45m	352
16 Bosco, Kevin	New South Wales	1.45m	352

Heptathlon: #4 Boys Long Jump Under 15 Heptathlon

Name	Age Team	Finals	Points
1 Hill, Wyatt	Western Australia	6.26m	644
2 Harlow, Daniel	Queensland	5.94m	574
3 Rice, Lachlan	New South Wales	5.84m	552
4 Gardiner, Dylan	Queensland	5.76m	535
5 Weil, Cooper	Queensland	5.71m	525
6 Matthews, Max	Tasmania	5.68m	519
7 Davie, Xavier	Tasmania	5.67m	516
8 Eva, Deacon	Western Australia	5.65m	512
9 Bertram, Cooper	Victoria	5.64m	510
10 Wilson, Maddox	Victoria	5.59m	500
11 Smith, Flynn	Tasmania	5.58m	498
12 Shearwin, Benjamin	South Australia	5.56m	494
13 Acklom, Cooper	Victoria	5.51m	483
14 Reynaldo, Tomi	New South Wales	5.48m	477
15 Raftery, Cooper	South Australia	5.30m	441
16 Linton, Angus	ACT	4.94m	371
17 Bosco, Kevin	New South Wales	4.53m	295

Heptathlon: #2 Boys Discus Throw (1kg) Under 15 Heptathlon

Name	Age Team	Finals	Points
1 Rice, Lachlan	New South Wales	52.86m	930
2 Weil, Cooper	Queensland	45.65m	780
3 Wilson, Maddox	Victoria	43.88m	744
4 Bertram, Cooper	Victoria	41.75m	700
5 Hill, Wyatt	Western Australia	39.46m	654
6 Acklom, Cooper	Victoria	38.24m	629
7 Harlow, Daniel	Queensland	36.33m	590
8 Davie, Xavier	Tasmania	35.50m	574
9 Matthews, Max	Tasmania	35.43m	572
10 Reynaldo, Tomi	New South Wales	32.74m	519
11 Eva, Deacon	Western Australia	29.61m	457
12 Shearwin, Benjamin	South Australia	27.87m	423
13 Raftery, Cooper	South Australia	26.89m	404

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Heptathlon: #2 Boys Discus Throw (1kg) Under 15 Heptathlon**

14	Gardiner, Dylan	Queensland	24.49m	357
15	Linton, Angus	ACT	24.10m	350
16	Smith, Flynn	Tasmania	22.61m	321
17	Bosco, Kevin	New South Wales	21.54m	301

Heptathlon: #5 Boys Javelin Throw (700g) Under 15 Heptathlon

Name	Age Team	Finals	Points
1 Hill, Wyatt	Western Australia	47.76m	556
2 Davie, Xavier	Tasmania	40.07m	443
3 Acklom, Cooper	Victoria	39.80m	439
4 Bertram, Cooper	Victoria	34.78m	367
5 Smith, Flynn	Tasmania	34.34m	361
6 Harlow, Daniel	Queensland	34.12m	358
7 Shearwin, Benjamin	South Australia	34.08m	357
8 Wilson, Maddox	Victoria	32.35m	332
9 Gardiner, Dylan	Queensland	32.28m	331
10 Reynaldo, Tomi	New South Wales	32.18m	330
11 Eva, Deacon	Western Australia	31.58m	322
12 Weil, Cooper	Queensland	30.61m	308
13 Rice, Lachlan	New South Wales	29.97m	299
14 Raftery, Cooper	South Australia	29.19m	288
15 Linton, Angus	ACT	21.94m	188
16 Bosco, Kevin	New South Wales	19.85m	159
17 Matthews, Max	Tasmania	16.25m	112

Boys Heptathlon Under 15

Name	Age Team	Seed	Finals	H#	Points
1 Hill, Wyatt	Western Australia		4694		
2 Harlow, Daniel	Queensland		4538		
3 Bertram, Cooper	Victoria		4479		
4 Wilson, Maddox	Victoria		4374		
5 Davie, Xavier	Tasmania		4348		
6 Rice, Lachlan	New South Wales		4299		
7 Weil, Cooper	Queensland		4256		
8 Smith, Flynn	Tasmania		4034		
9 Reynaldo, Tomi	New South Wales		4009		
10 Matthews, Max	Tasmania		3886		
11 Gardiner, Dylan	Queensland		3828		
12 Acklom, Cooper	Victoria		3788		
13 Eva, Deacon	Western Australia		3733		
14 Bosco, Kevin	New South Wales		3237		
15 Raftery, Cooper	South Australia		3226		
16 Shearwin, Benjamin	South Australia		3028		
17 Linton, Angus	ACT		2931		

Boys 100 Meter Dash MC Under 13-14

Name	Age Team	Seed	Finals	Points
1 Evans, Alexander F13;T13	New South Wales		J16.11	7 64.93%
2 Burgess, Ashton F37;T37	New South Wales		J19.58	5 56.44%

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Boys 200 Meter Dash MC Under 13-14**

Name	Age	Team	Seed	Finals	Points
1 Evans, Alexander	F13;T13	New South Wales		J36.19	6 58.18%
2 Margetson, Lachlan	F21;T	New South Wales		J62.59	3 45.35%

Boys 400 Meter Run MC Under 13-14

Name	Age	Team	Seed	Finals	Points
1 Bell, Cayden	F20;T20	Victoria		J1:26.36	5 54.27%

Boys 800 Meter Run MC Under 13-14

Name	Age	Team	Seed	Finals	Points
1 Bell, Cayden	F20;T20	Victoria		J3:30.28	4 52.27%

Boys Long Jump MC Under 13-14

Name	Age	Team	Seed	Finals	Points
1 Douglass, Levi	F12;T12	New South Wales		J2.31m	7 30.92%
2 Castelli, Nate	F36;T36	New South Wales		J0.79m	3 13.32%

Boys Shot Put MC Under 13-14

Name	Age	Team	Seed	Finals	Points
1 Alcorn, Jack	F38;T38	Queensland		J10.34m	15 64.83%
2 Margetson, Lachlan	F21;T	New South Wales		J3.91m	9 35.35%
3 Bell, Cayden	F20;T20	Victoria		J5.44m	8 31.46%
4 Burgess, Ashton	F37;T37	New South Wales		J5.49m	8 31.34%

Boys Discus Throw MC Under 13-14

Name	Age	Team	Seed	Finals	Points
1 Bell, Cayden	F20;T20	Victoria		J16.75m	9 36.58%
2 Alcorn, Jack	F38;T38	Queensland		J17.30m	8 32.70%
3 Douglass, Levi	F12;T12	New South Wales		J15.55m	7 29.61%
4 Castelli, Nate	F36;T36	New South Wales		J6.18m	3 14.39%

Boys Javelin Throw MC Under 13-14

Name	Age	Team	Seed	Finals	Points
1 Alcorn, Jack	F38;T38	Queensland		J14.93m	6 25.66%
2 Burgess, Ashton	F37;T37	New South Wales		J12.58m	5 21.76%
3 Bell, Cayden	F20;T20	Victoria		J11.75m	5 20.67%
4 Margetson, Lachlan	F21;T	New South Wales		J3.87m	3 12.32%

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Mixed 4x100 Meter Relay Under 15**

Team	Seed	Finals	Points
1 Queensland 'A'		46.64	15
1) Blain, Charlotte 14	2) Mearns, Amaya 14		
3) Harlow, Daniel 14	4) Gardiner, Dylan 14		
2 Western Australia 'A'		47.53	13
1) Manov, Ruby 14	2) Hill, Wyatt 14		
3) Smith, Taylor 14	4) Eva, Deacon 14		
3 Victoria 'A'		47.75	12
1) Chapman, Alyssa 14	2) Bertram, Cooper 14		
3) Acklom, Cooper 14	4) Estlick, Mackenzie 14		
4 Tasmania 'A'		48.07	11
1) Van Den Broek, Bailey 14	2) Smith, Flynn 14		
3) Smith, Lily 14	4) Matthews, Max 14		
5 New South Wales 'A'		48.18	10
1) Mikan, Catherine 14	2) Reynaldo, Tomi 14		
3) Nicholas, Zara 14	4) Bosco, Kevin 14		
6 South Australia 'A'		51.65	9
1) Raftery, Cooper 14	2) Alchin, Isabell 14		
3) Wassermann, Casey 14	4) Shearwin, Benjamin 14		

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Girls 100 Meter Dash Under 14**

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1 Sprague, Ariela		Victoria	12.55	12.50Q	1
2 Hardy, Claire		South Australia	13.15	12.76Q	2
3 Ross, Ishara		Victoria	12.73	12.81Q	2
4 Fuss, Hayley		South Australia	13.98	12.97Q	1
5 Hvalica, Rebecca		Victoria	12.93	12.84Q	2
6 Farinazzo, Addison		Queensland	12.79	13.00Q	1
7 Wohlsen, Acacia		Queensland	12.89	12.91q	2
8 Diep, Elysse		New South Wales	12.59	12.95q	2
9 Watson-Haigh, Lottie		South Australia	13.17	13.25	1
10 Boseski, Taleena		New South Wales	13.60	14.16	1

Girls 100 Meter Dash Under 14

Name	Age	Team	Prelims	Finals
Finals				
1 Sprague, Ariela		Victoria	12.50	12.32
2 Hardy, Claire		South Australia	12.76	12.65
3 Ross, Ishara		Victoria	12.81	12.66
4 Wohlsen, Acacia		Queensland	12.91	12.70
5 Fuss, Hayley		South Australia	12.97	12.75
6 Hvalica, Rebecca		Victoria	12.84	x12.77
7 Diep, Elysse		New South Wales	12.95	12.95
8 Farinazzo, Addison		Queensland	13.00	13.03
Preliminaries				
9 Watson-Haigh, Lottie		South Australia	13.25	
10 Boseski, Taleena		New South Wales	14.16	

Girls 200 Meter Dash Under 14

Name	Age	Team	Seed	Finals
Finals				
1 Sprague, Ariela		Victoria		25.37
2 Hardy, Claire		South Australia		26.08
3 Fuss, Hayley		South Australia		26.45
4 Farinazzo, Addison		Queensland		26.48
5 Dixon, Lilly-Dee		Queensland		26.50
6 Diep, Elysse		New South Wales		26.51
7 Wohlsen, Acacia		Queensland		x26.61
8 Fleming, Kaydence		Victoria		26.92

Girls 400 Meter Run Under 14

Name	Age	Team	Seed	Finals	H#
1 Charles, Chanel		Tasmania	57.94	57.74	2
2 Dixon, Lilly-Dee		Queensland	59.72	58.81	2
3 Roche, Adele		Victoria	59.03	59.10	2
4 Hardy, Claire		South Australia	59.48	59.44	2
5 Tarabay, Maddie		Victoria	59.67	60.10	2
6 Hazell, Taylah		Queensland	63.52	60.50	1

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Girls 400 Meter Run Under 14**

7	van der Breggen, Lyla	Queensland	59.54	x60.52	2
8	Robinson, Imani	South Australia	60.64	60.58	1
9	Williams, Lacey	Victoria	61.25	x61.92	1
10	Diep, Elysse	New South Wales	60.76	62.16	1
11	Baker, Gabriella	New South Wales	63.26	62.62	1

Girls 800 Meter Run Under 14

Name	Age	Team	Seed	Finals
1	Gawel, Eva	New South Wales		2:16.93
2	Allen, Leah	Western Australia		2:17.82
3	Carroll, Madigan	Victoria		2:18.89
4	van der Breggen, Lyla	Queensland		2:20.31
5	Charles, Chanel	Tasmania		2:23.04
6	Goodall, India	South Australia		2:23.21
7	Brown, Madison	South Australia		2:23.60
8	Potter, Emma	South Australia		x2:23.99
9	Bryant, Serena	Victoria		2:25.83
10	Hazell, Taylah	Queensland		2:30.73

Girls 1500 Meter Run Under 14

Name	Age	Team	Seed	Finals
1	Gawel, Eva	New South Wales	4:51.99	4:44.32
2	Goodall, India	South Australia	5:00.89	4:45.09
3	Allen, Leah	Western Australia	4:42.96	4:47.16
4	Carroll, Madigan	Victoria		4:47.80
5	Boyd, Emily	Queensland		4:56.43
6	Snow, Piper	Queensland	5:08.36	4:57.74
7	Brown, Madison	South Australia	5:04.83	4:58.75
8	Potter, Emma	South Australia	5:10.74	x4:58.84
9	Bryant, Serena	Victoria	5:00.37	4:59.82
10	McElroy, Olivia	Queensland	5:16.39	x5:09.71
11	Warner, Tahlia	Western Australia	5:14.97	5:12.24

Girls 80 Meter Hurdles (76cm) Under 14

Name	Age	Team	Seed	Finals
1	Burford, Angelina	New South Wales	13.27	12.81
2	Kypr, Calise	Queensland	13.30	12.88
3	Williams, Lacey	Victoria	12.94	12.93
4	Khamphet Pearse, Audrey	New South Wales	12.91	13.02
5	Hadfield, Tayla	Western Australia	13.89	13.13
6	Axon, Scarlett	South Australia	13.80	13.51
7	Bothma, Karin	South Australia	13.47	13.58
8	Whiteman, Lily	South Australia	13.33	x13.69
9	Mauriohooho, Armani	Victoria	13.34	13.71

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Girls 200 Meter Hurdles (76cm) Under 14**

Name	Age Team	Seed	Prelims	H#
Preliminaries				
1 Farinazzo, Addison	Queensland	30.48	28.62Q	2
2 Williams, Lacey	Victoria	30.68	29.82Q	1
3 Burford, Angelina	New South Wales	28.38	28.68q	2
4 Charles, Chanel	Tasmania	26.69	29.90q	2
5 Fleming, Kaydence	Victoria	29.04	30.23q	1
6 Bolden, Jenali	Queensland	30.38	30.47q	2
7 Hames, Tempany	South Australia	30.62	30.52q	1
8 Bothma, Karin	South Australia	30.18	30.84q	1
9 Hadfield, Tayla	Western Australia	33.60	30.98	2
10 Martin, Caitlyn	New South Wales	30.44	31.16	1
11 Petterwood, Macie	Tasmania	32.21	32.77	1

Girls 200 Meter Hurdles (76cm) Under 14

Name	Age Team	Prelims	Finals
Finals			
1 Burford, Angelina	New South Wales	28.68	28.06
2 Farinazzo, Addison	Queensland	28.62	28.25
3 Charles, Chanel	Tasmania	29.90	29.15
4 Williams, Lacey	Victoria	29.82	29.87
5 Fleming, Kaydence	Victoria	30.23	30.09
6 Bolden, Jenali	Queensland	30.47	30.66
7 Bothma, Karin	South Australia	30.84	31.35
8 Hames, Tempany	South Australia	30.52	31.55
Preliminaries			
9 Hadfield, Tayla	Western Australia	30.98	
10 Martin, Caitlyn	New South Wales	31.16	
11 Petterwood, Macie	Tasmania	32.77	

Girls High Jump (1.25m) Under 14

Name	Age Team	Seed	Finals
Finals			
1 Blackman, Ashley	Queensland		1.61m
2 Martin, Caitlyn	New South Wales		1.59m
3 Stegehuis, Leila	Victoria		J1.59m
4 Baak, Akon	South Australia		J1.59m
5 Hancock, Grace	Queensland		1.57m
6 Benefiel, Emily	New South Wales		1.55m
7 Khamphet Pearse, Audrey	New South Wales		x1.50m
8 Mauriohocho, Armani	Victoria		1.45m
9 Fumberger, Eve	Victoria		xJ1.45m
10 Bothma, Karin	South Australia		1.40m
11 Hatten, Milah	Tasmania		1.30m
-- Petterwood, Macie	Tasmania		NH

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Girls Long Jump Under 14**

Name	Age Team	Seed	Finals
1 Khamphet Pearse, Audrey	New South Wales		5.20m
2 Martin, Caitlyn	New South Wales		5.00m
3 Baak, Akon	South Australia		4.99m
4 Farinazzo, Addison	Queensland		4.92m
5 Ross, Ishara	Victoria		4.90m
6 Achike, Olivia	New South Wales		x4.85m
7 Fumberger, Eve	Victoria		4.80m
8 Hadfield, Tayla	Western Australia		4.78m
9 Kypr, Calise	Queensland		4.70m
10 Whiteman, Lily	South Australia		4.66m
11 Grandage-Stone, Tansy	Victoria		x4.60m
12 Hames, Tempany	South Australia		x4.37m
13 Petterwood, Macie	Tasmania		4.28m

Girls Triple Jump Under 14

Name	Age Team	Seed	Finals
1 Baak, Akon	South Australia		11.09m
2 Whiteman, Lily	South Australia		11.06m
3 Khamphet Pearse, Audrey	New South Wales		10.99m
4 Martin, Caitlyn	New South Wales		10.94m
5 Walker, Cailin	Victoria		10.88m
6 Lennon, Harli	Victoria		10.41m
7 Lanyon, Erin	Queensland		10.39m
8 Hadfield, Tayla	Western Australia		10.36m
9 Gonzalez, Dana	New South Wales		x10.27m
10 Coleman, Ashley	Queensland		9.70m
11 Davison, Imoge	Victoria		x9.65m
12 Obst, Kaysii	South Australia		x9.60m

Girls Shot Put (3kg) Under 14

Name	Age Team	Seed	Finals
1 Tarabay, Maddie	Victoria		12.58m
2 Wong, Kaiah	New South Wales		12.45m
3 Joseph-Riogi, Tallara	New South Wales		11.52m
4 Latanis, Sienna	New South Wales		x11.46m
5 Bolden, Jenali	Queensland		11.33m
6 Price, Lilly	Victoria		10.89m
7 Tuileutu Voi, Jorjah	Queensland		10.72m
8 Petterwood, Macie	Tasmania		10.71m
9 Castle, Inara	South Australia		10.47m
10 South, Jalyn	Queensland		x10.10m
11 Kwa, Marz	Tasmania		10.09m
12 Thomas, Annabelle	Victoria		x10.04m
13 Heitmann, Scarlet	South Australia		8.70m

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Girls Discus Throw (1kg) Under 14**

Name	Age Team	Seed	Finals
1 Bolden, Jenali	Queensland		37.30m
2 Wong, Kaiah	New South Wales		J37.30m
3 Ringbauer, Louise	New South Wales		35.98m
4 Tarabay, Maddie	Victoria		35.75m
5 de Mel, Nehara	New South Wales		x31.36m
6 Kwa, Marz	Tasmania		30.01m
7 Hatten, Milah	Tasmania		29.72m
8 Cooper, Grace	Queensland		29.35m
9 Thomas, Annabelle	Victoria		27.85m
10 Price, Lilly	Victoria		x27.06m
11 Petterwood, Macie	Tasmania		x24.45m
12 Bothma, Karin	South Australia		19.80m
13 Heath, Chloe	South Australia		18.36m

Girls Javelin Throw (400g) Under 14

Name	Age Team	Seed	Finals
1 South, Jalyn	Queensland		45.19m
2 Capps, Chelsea	Queensland		40.57m
3 Withers, Charlotte	New South Wales		39.26m
4 Tarabay, Maddie	Victoria		39.12m
5 Joseph-Riogi, Tallara	New South Wales		38.58m
6 Camilleri, Jemma	New South Wales		x38.09m
7 Kwa, Marz	Tasmania		36.28m
8 Caton-Smith, Inés	Victoria		34.45m
9 Leith, Ella	Victoria		x33.09m
10 Targato, Holly	Queensland		x30.71m
11 Heath, Chloe	South Australia		26.88m
12 Woodruff, Imogen	South Australia		25.24m
13 Heitmann, Scarlet	South Australia		x22.91m

Girls 1500 Meter Race Walk Under 14

Name	Age Team	Seed	Finals
1 Webb, Matilda	New South Wales	7:06.86	6:47.98
2 Loring, Jessica	New South Wales	6:55.88	6:50.40
3 Mitchell, Maisie	New South Wales	7:03.91	x7:05.60
4 Holmes, Sarah	Victoria	7:00.72	7:20.60
5 Clarke, Makenna	Queensland		7:27.19
6 Sungkar, Alexis	Victoria	7:49.84	7:29.55
7 Marin, Grace	South Australia	8:15.33	7:43.54
8 Pickvance-Yee, Destinee	Queensland	7:54.13	7:54.39
9 Johns, Lucy	Victoria	8:09.88	x8:03.23
10 Flahey, Natasha	Queensland	7:54.13	x8:06.48
11 Carr, Lily	Tasmania	6:03.70	8:24.96
12 Giacobini, Aaliah	South Australia	9:37.79	8:54.44
13 Kumar, Aanika	South Australia	10:35.19	x9:54.89

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Girls 100 Meter Dash MC Under 15-16**

Name	Age Team	Seed	Finals
1 Sharp, Layla T38;F38	New South Wales	J14.55	85.11%
2 Wright, Kirra T38;F38	Victoria	J15.39	80.45%
3 Thompson, Sophie T20;F20	Tasmania	J16.11	73.96%
4 Campbell, Ava T54;F54	Victoria	J21.86	70.24%
-- Bellette, Rhiannon T44;F	New South Wales	X18.18	70.00%

Girls 200 Meter Dash MC Under 15-16

Name	Age Team	Seed	Finals
1 Sharp, Layla T38;F38	New South Wales	J30.45	85.14%
2 Wright, Kirra T38;F38	Victoria	J32.56	79.63%
3 Campbell, Ava T54;F54	Victoria	J42.87	64.21%

Girls 800 Meter Run MC Under 15-16

Name	Age Team	Seed	Finals
1 Sharp, Layla T38;F38	New South Wales	J2:41.20	91.84%

Girls Long Jump MC Under 15-16

Name	Age Team	Seed	Finals
1 Wright, Kirra T38;F38	Victoria	J3.89m	70.60%
-- Thompson, Sophie T20;F20	Tasmania	FOUL	
-- Bellette, Rhiannon T44;F	New South Wales	X3.01m	67.04%

Girls Shot Put MC Under 15-16

Name	Age Team	Seed	Finals
1 Bellette, Rhiannon T44;F	New South Wales	J6.20m	67.61%
2 Espie, Michayla Sheree T	New South Wales	J7.91m	56.10%
3 Wright, Kirra T38;F38	Victoria	J6.66m	52.94%
4 Thompson, Sophie T20;F20	Tasmania	J5.27m	37.38%

Girls Discus Throw MC Under 15-16

Name	Age Team	Seed	Finals
1 Espie, Michayla Sheree T	New South Wales	J23.31m	53.43%
2 Bellette, Rhiannon T44;F	New South Wales	J10.59m	50.21%

Boys 100 Meter Dash Under 14

Name	Age Team	Seed	Prelims	H#
Preliminaries				
1 Brancatisano, Cooper	Victoria	11.81Q	2	
2 Proudford, Jack	New South Wales	11.86Q	1	
3 Tennant, Archie	Queensland	11.94Q	2	
4 Gerrard, Luca	Queensland	12.36Q	1	

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Boys 100 Meter Dash Under 14**

5	Seremet, Leonardo	Queensland	12.04Q	2
6	Lau, Dylan	New South Wales	12.55Q	1
7	Dowling, River	South Australia	12.12q	2
8	Ritonja, Josiah	South Australia	12.29q	2
9	Cashion, Thomas	New South Wales	12.32	2
10	Uduma, Ogbonnaya	South Australia	12.61	2
11	Barwick, Rhys	Tasmania	13.34	1

Boys 100 Meter Dash Under 14

Name	Age Team	Prelims	Finals	
Finals				
1	Brancatisano, Cooper	Victoria	11.81	11.59
2	Proudford, Jack	New South Wales	11.86	11.74
3	Seremet, Leonardo	Queensland	12.04	11.76
4	Tennant, Archie	Queensland	11.94	11.96
5	Ritonja, Josiah	South Australia	12.29	12.10
6	Dowling, River	South Australia	12.12	12.12
7	Gerrard, Luca	Queensland	12.36	x12.47
8	Lau, Dylan	New South Wales	12.55	12.56
Preliminaries				
9	Cashion, Thomas	New South Wales	12.32	
10	Uduma, Ogbonnaya	South Australia	12.61	
11	Barwick, Rhys	Tasmania	13.34	

Boys 200 Meter Dash Under 14

Name	Age Team	Seed	Prelims	H#
1	Brancatisano, Cooper	Victoria	24.45	23.70Q 1
2	Proudford, Jack	New South Wales	23.30	24.12Q 2
3	Milias, Matthew	Victoria	23.77	23.86Q 1
4	Haider, Zulqarnain	Victoria	23.15	24.47Q 2
5	Seremet, Leonardo	Queensland	24.01	24.38Q 1
6	Lipsett, Benji	Queensland	24.52	25.01Q 2
7	Cashion, Thomas	New South Wales	23.74	24.57q 1
8	Ritonja, Josiah	South Australia	25.63	25.03q 1
9	Uduma, Ogbonnaya	South Australia	25.40	26.32 2
10	Barwick, Rhys	Tasmania	26.34	27.33 2

Boys 200 Meter Dash Under 14

Name	Age Team	Prelims	Finals	
Finals				
1	Milias, Matthew	Victoria	23.86	23.63
2	Brancatisano, Cooper	Victoria	23.70	23.68
3	Seremet, Leonardo	Queensland	24.38	23.83
4	Proudford, Jack	New South Wales	24.12	23.95
5	Haider, Zulqarnain	Victoria	24.47	x24.02
6	Cashion, Thomas	New South Wales	24.57	24.55
7	Lipsett, Benji	Queensland	25.01	24.77
Preliminaries				
8	Ritonja, Josiah	South Australia	25.03	

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Boys 200 Meter Dash Under 14**

9 Uduma, Ogbonnaya	South Australia	26.32
10 Barwick, Rhys	Tasmania	27.33

Boys 400 Meter Run Under 14

Name	Age Team	Seed	Finals	H#
Finals				
1 Miliias, Matthew	Victoria	52.70	51.96	2
2 Badger, Cameron	New South Wales	53.74	53.66	2
3 Anderson, Samuel	Queensland	55.35	54.35	2
4 Walsh, Axel	Western Australia	56.09	54.84	2
5 Munro, Jackson	Queensland	55.10	55.15	2
6 Jordan, Alberto	New South Wales	56.35	56.28	1
7 Barwick, Rhys	Tasmania	62.40	61.61	1
8 Pena, Antonio	South Australia	59.72	63.03	1

Boys 800 Meter Run Under 14

Name	Age Team	Seed	Finals
1 Meehan, Sam	Victoria		2:09.11
2 Alley, Trent	New South Wales		2:09.18
3 Huang, Ethan	Queensland		2:11.08
4 Mortimer, Dylan	New South Wales		2:11.39
5 Munro, Jackson	Queensland		2:11.97
6 Ferns, Harrison	New South Wales		x2:15.90
7 Pena, Antonio	South Australia		2:16.54
8 Farmilo, Alex	Queensland		x2:19.94

Boys 1500 Meter Run Under 14

Name	Age Team	Seed	Finals
1 Alley, Trent	New South Wales	4:22.99	4:26.30
2 Huang, Ethan	Queensland	6:12.66	4:28.80
3 Meehan, Sam	Victoria	4:32.10	4:31.16
4 Armstrong, Brendan	New South Wales	4:37.68	4:31.40
5 Mortimer, Dylan	New South Wales	4:31.10	x4:32.24
6 Turner, Maverick	Queensland		4:43.33
7 Fitzgerald, Dylan	Queensland	4:52.17	x4:46.31
8 Deol, Sajan	Victoria	4:41.79	4:53.61

Boys 90 Meter Hurdles (76cm) Under 14

Name	Age Team	Seed	Prelims	H#
Preliminaries				
1 Badger, Cameron	New South Wales	12.37	13.00Q	2 12.991
2 Wright, Max	Victoria	13.41	13.56Q	1
3 Seremet, Leonardo	Queensland	12.88	13.00Q	2 12.992
4 Thompson, Blade	Queensland	13.45	13.94Q	1
5 Boonzaaier, Leon	Western Australia	13.60	13.14Q	2
6 Wood, Dane	South Australia	14.19	14.26Q	1
7 Evans, Zak	New South Wales	12.90	13.49q	2

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****...Boys 90 Meter Hurdles (76cm) Under 14**

8	Bainbridge, Evan	Victoria	13.24	13.59q	2
9	Green, Hamish	South Australia	14.39	14.56	1
10	Ide, Nicholas	Victoria	14.10	14.90	1

Boys 90 Meter Hurdles (76cm) Under 14

Name	Age	Team	Prelims	Finals
Finals				
1	Badger, Cameron	New South Wales	13.00	12.43
2	Seremet, Leonardo	Queensland	13.00	12.52
3	Boonzaaier, Leon	Western Australia	13.14	12.79
4	Bainbridge, Evan	Victoria	13.59	13.11
5	Evans, Zak	New South Wales	13.49	13.19
6	Wright, Max	Victoria	13.56	13.38
7	Thompson, Blade	Queensland	13.94	13.50
8	Wood, Dane	South Australia	14.26	13.94
Preliminaries				
9	Green, Hamish	South Australia	14.56	
10	Ide, Nicholas	Victoria	14.90	

Boys 200 Meter Hurdles (76cm) Under 14

Name	Age	Team	Seed	Prelims	H#
1	Milias, Matthew	Victoria	26.17	26.48q	1
2	Badger, Cameron	New South Wales	25.64	27.04q	1
3	Frost, Jackson	Queensland	29.52	27.11q	1
4	Thompson, Blade	Queensland	27.68	27.90q	2
5	Wright, Max	Victoria	27.65	27.96q	2
6	Wood, Dane	South Australia	28.46	28.14q	2
7	Uduma, Ogonnaya	South Australia	28.57	28.24q	2
8	Barwick, Rhys	Tasmania	31.53	30.33q	1
9	Green, Hamish	South Australia	30.10	30.64	1

Boys 200 Meter Hurdles (76cm) Under 14

Name	Age	Team	Prelims	Finals	
Finals					
1	Milias, Matthew	Victoria	26.48	25.70	
2	Badger, Cameron	New South Wales	27.04	26.63	
3	Frost, Jackson	Queensland	27.11	26.93	
4	Wright, Max	Victoria	27.96	27.65	
5	Thompson, Blade	Queensland	27.90	27.79	27.781
6	Uduma, Ogonnaya	South Australia	28.24	27.79	27.782
7	Wood, Dane	South Australia	28.14	28.56	
8	Barwick, Rhys	Tasmania	30.33	31.00	
Preliminaries					
9	Green, Hamish	South Australia	30.64		

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Boys High Jump (1.35m) Under 14**

Name	Age Team	Seed	Finals
Finals			
1 de Vries, Caleb	Queensland		1.80m
2 Lewanavanua, Ratu Viliam	New South Wales		1.76m
3 Brooks, Myles	New South Wales		1.74m
4 Dolman, Harrison	Victoria		1.72m
5 Agook, Deng	Victoria		J1.72m
6 Anderson, Samuel	Queensland		1.70m
7 Hardinge, Sebastian	Tasmania		1.65m
8 Jordan, Alberto	New South Wales		xJ1.65m
9 Still, Darcy	Victoria		xJ1.65m
10 Boonzaaier, Leon	Western Australia		J1.65m
11 Prokos, Pharrell	South Australia		1.60m
12 Robinson, William	Queensland		xJ1.60m
13 Green, Hamish	South Australia		1.55m
14 Walsh, Axel	Western Australia		1.50m
15 Owen, Elijah	South Australia		x1.45m

Boys Long Jump Under 14

Name	Age Team	Seed	Finals
1 Dolman, Harrison	Victoria		6.55m
2 Seremet, Leonardo	Queensland		6.15m
3 Ghadiali, Kyros	New South Wales		6.03m
4 Tennant, Archie	Queensland		5.87m
5 Miliias, Matthew	Victoria		5.86m
6 Lewanavanua, Ratu Viliam	New South Wales		5.67m
7 Silvester, Bailey	Queensland		x5.55m
8 de Lacy, Spencer	South Australia		5.48m
9 Ritonja, Josiah	South Australia		5.41m
10 Hardinge, Sebastian	Tasmania		5.28m
11 Wood, Dane	South Australia		x5.27m
12 Lumley, Jude	New South Wales		x4.66m

Boys Triple Jump Under 14

Name	Age Team	Seed	Finals
1 Cvetanoski, Brandon	Victoria		13.01m
2 Lewanavanua, Ratu Viliam	New South Wales		12.16m
3 Seremet, Leonardo	Queensland		12.14m
4 Ghadiali, Kyros	New South Wales		12.08m
5 Hardinge, Sebastian	Tasmania		11.76m
6 Gerrard, Luca	Queensland		11.66m
7 Watkins, Mason	Western Australia		11.28m
8 Kanthasamy, Chellian	Victoria		11.25m
9 Curry, Wolfgang	Victoria		x11.16m
10 de Lacy, Spencer	South Australia		11.11m
11 Walsh, Axel	Western Australia		J11.11m
12 Johnson, Jett	South Australia		10.72m

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Boys Shot Put (3kg) Under 14**

Name	Age Team	Seed	Finals
1 Eliadis, Theodore	Victoria		16.54m
2 Norton, Kai	Victoria		16.30m
3 Sipple-Asher, Joshua	Queensland		15.17m
4 Traino, Boston	New South Wales		14.48m
5 de Vries, Caleb	Queensland		14.36m
6 de Lacy, Spencer	South Australia		14.07m
7 Wilson, Tristian	Western Australia		13.32m
8 Boonzaaier, Leon	Western Australia		13.01m
9 Ngaru, Tyrese	Queensland		x12.34m
10 Walsh, Axel	Western Australia		x12.24m
11 Still, Darcy	Victoria		x11.97m
12 Semmler, Hugo	South Australia		11.09m
13 Swift, Max	South Australia		x10.92m
14 Innes, Maxwell	Tasmania		9.45m
15 Bartlett, Alex	Tasmania		5.24m

Boys Discus Throw (1kg) Under 14

Name	Age Team	Seed	Finals
1 Eliadis, Theodore	Victoria		50.26m
2 Seymour, Jasper	Victoria		49.41m
3 Fourie, Jake	New South Wales		39.61m
4 de Vries, Caleb	Queensland		38.90m
5 Wilson, Tristian	Western Australia		38.81m
6 Berry, Jack	Victoria		x38.19m
7 Cashion, Thomas	New South Wales		36.02m
8 Hardinge, Sebastian	Tasmania		34.42m
9 McGinley, Gerard	South Australia		30.69m
10 Semmler, Hugo	South Australia		30.02m
11 Swift, Max	South Australia		x29.98m
12 Innes, Maxwell	Tasmania		22.88m
-- Boonzaaier, Leon	Western Australia		ND
-- Sipple-Asher, Joshua	Queensland		ND
-- Silvester, Bailey	Queensland		ND

Boys Javelin Throw (600g) Under 14

Name	Age Team	Seed	Finals
1 Wilson, Tristian	Western Australia		50.22m
2 Job, Lachlan	Tasmania		48.45m
3 Finekifolau, Filtomas	New South Wales		40.85m
4 Sipple-Asher, Joshua	Queensland		40.81m
5 Hardinge, Sebastian	Tasmania		40.42m
6 Norton, Kai	Victoria		38.95m
7 Innes, Maxwell	Tasmania		x38.48m
8 Dennis, Hudson	Victoria		37.39m
9 Campbell, Alexander	New South Wales		36.32m
10 Lofts, Cooper	Queensland		34.90m
11 Noronha, Joshua	Queensland		x34.25m
12 Semmler, Hugo	South Australia		32.09m
13 Milburn, Tory	South Australia		24.68m

2023 Coles ALAC - 22/04/2023 to 23/04/2023

Lakeside Stadium

Results

Boys 1500 Meter Race Walk Under 14

Name	Age Team	Seed	Finals
1 Davidson, Max	Victoria	6:49.00	6:52.53
2 Pashutin, Daniel	Victoria	6:55.97	6:59.20
3 Nilon, Christopher	New South Wales	8:07.59	7:36.22
4 Kirk, Aidan	New South Wales	7:51.35	7:45.94
5 Aubrey, Fraser	Victoria	7:34.87	x7:54.22
6 Tilton, Noah	Queensland	8:47.90	8:03.08
7 O'Neill, Rory	Queensland		8:05.38
8 Zammit, Jayden	South Australia	7:59.06	8:05.42
9 Freundt, Liam	South Australia	9:34.04	8:12.54
10 Attwell, Darcy	New South Wales	10:39.19	x8:30.78

Boys 100 Meter Dash MC Under 15-16

Name	Age Team	Seed	Finals
1 Robb-Jackson, Cooper T38	New South Wales	J13.79	77.88%
2 Harding, Zac T36;F36	New South Wales	J15.52	75.52%
3 Philo, Lachlan T20;F20	Queensland	J14.57	71.86%
4 Motler, Lowndes T20;F20	New South Wales	xJ15.57	67.24%
5 Sefton, Lachlan T20;F20	Victoria	J16.37	63.96%
6 Sommerfeld, Hamish T20;F	Victoria	J18.51	56.56%

Boys 200 Meter Dash MC Under 15-16

Name	Age Team	Seed	Finals
1 O'Regan, Daniel F21;T21	Victoria	J35.18	80.69%
2 Robb-Jackson, Cooper T38	New South Wales	J27.96	78.05%
3 Harding, Zac T36;F36	New South Wales	J32.95	71.38%
4 Motler, Lowndes T20;F20	New South Wales	xJ33.28	64.47%
5 Sefton, Lachlan T20;F20	Victoria	J35.09	61.13%

Boys 400 Meter Run MC Under 15-16

Name	Age Team	Seed	Finals
1 Philo, Lachlan T20;F20	Queensland	J67.43	69.49%

Boys 800 Meter Run MC Under 15-16

Name	Age Team	Seed	Finals
1 Robb-Jackson, Cooper T38	New South Wales	J2:21.49	83.24%

Boys Long Jump MC Under 15-16

Name	Age Team	Seed	Finals
1 Harding, Zac T36;F36	New South Wales	J3.57m	60.20%
2 Philo, Lachlan T20;F20	Queensland	J3.97m	51.96%
3 Sefton, Lachlan T20;F20	Victoria	J2.91m	38.09%
4 Sommerfeld, Hamish T20;F	Victoria	J2.87m	37.57%
5 Motler, Lowndes T20;F20	New South Wales	J2.43m	31.81%

2023 Coles ALAC - 22/04/2023 to 23/04/2023**Lakeside Stadium****Results****Boys Shot Put MC Under 15-16**

Name	Age Team	Seed	Finals
1 Thompson, Bailey T64;F64	New South Wales		J9.43m 51.31%
2 Sommerfeld, Hamish T20;F	Victoria		J8.42m 48.70%
3 Robb-Jackson, Cooper T38	New South Wales		J7.48m 46.90%
4 Sefton, Lachlan T20;F20	Victoria		J7.39m 42.74%
5 Motler, Lowndes T20;F20	New South Wales		xJ3.68m 21.28%

Boys Discus Throw MC Under 15-16

Name	Age Team	Seed	Finals
1 Sommerfeld, Hamish T20;F	Victoria		J19.78m 43.20%
2 Harding, Zac T36;F36	New South Wales		J15.97m 37.17%
3 Roach, Tom T36;F36	Victoria		J15.95m 37.13%
4 Thompson, Bailey T64;F64	New South Wales		J23.43m 35.58%
5 Motler, Lowndes T20;F20	New South Wales		xJ10.50m 22.93%

Boys Javelin Throw MC Under 15-16

Name	Age Team	Seed	Finals
1 Philo, Lachlan T20;F20	Queensland		J23.00m 40.46%
2 Sefton, Lachlan T20;F20	Victoria		J15.97m 28.10%
3 Roach, Tom T36;F36	Victoria		J9.24m 20.45%